

E7_Unit 12: Let's eat

I, Hoàn thành đoạn văn với từ cho sẵn

What, stay, variety, must, affects, balanced, Moderation, but

We know that the food we eat (1)_____our whole life, so we (2)_____remember to eat sensibly. We should have a (3) _____diet. (4)_____does a 'balanced diet' means? It means you eat a (5) _____of food without eating too much of anything. (6) _____is very important. Eat the food you enjoy, (7) _____don't have too much. This will help you (8) _____fit and healthy.

II, Sử dụng từ gợi ý hoàn thành đoạn văn

Tell, put, vegetables, how, wash, taste, into, salt, do, easy

Lan: Do you know (1) _____to cook vegetables well, Hoa?

Hoa: Oh, yes. It's not difficult at all.

Lan: (2) _____me, please.

Hoa: First, you (3)_____the vegetables carefully. Next, you pour water(4)_____the sauce pan and heat it until it is boiled. Add a little (5) _____to the water, and then put the (6) _____ in the sauce pan. Wait about three minutes. Then take the vegetables out of the pan and (7)_____them on dish.

Lan: Why (8) _____we add salt to the water?

Hoa: To make the vegetables green and have a good (9) _____.

Lan: Well. It's so (10) _____. Thank you very much, Hoa.