



1- Choose the correct option to complete the text.

## Sport

# Superstitious athletes

**A**thletes develop superstitions by associating particular behaviour with good (0) ... *performance*.... Typical examples include insisting on wearing the same item of clothing, only eating certain food or always listening to the same song before a match or a race. These superstitions usually have no

(1) ..... with success but many athletes believe that they bring them good luck.

(2) ..... sport at a professional level is extremely difficult and athletes are under pressure to achieve as close to (3) ..... as they can possibly manage. Many athletes find this extremely (4) ..... . So anything that helps them to feel more (5) ..... isn't necessarily a bad thing and some athletes maintain their lucky charms make them feel more (6) ..... . However, these little superstitions could also be potentially (7) ..... for athletes' mental health because they can develop an unhealthy (8) ..... on them. They should be focusing on improving their athletic ability instead of worrying about superstitions. ■

2- Put the verbs into the right tense so as to form the first conditional.

- Dad ..... (be) angry if we ..... (get) home late.
- If you ..... (come), we ..... (have) a good time.
- I ..... (punish) you if you ..... (not/stop) fighting.
- If you ..... (break) anything, you ..... (have to) pay for it.
- If I ..... (miss) the bus, I ..... (take) a taxi.

f. Your friend \_\_\_\_\_ (forgive) you if you \_\_\_\_\_ (apologize).

g. If you \_\_\_\_\_ (not/leave) now, we \_\_\_\_\_ (call) the police.

h. If we \_\_\_\_\_ (go) shopping we \_\_\_\_\_ (spend) a lot of money.

i. If they \_\_\_\_\_ (not/invite) us, we \_\_\_\_\_ (not/go)

j. If you \_\_\_\_\_ (be/ not) careful, you \_\_\_\_\_ (break) the vase.

**3- Complete the 1<sup>st</sup> conditional sentences with the prompts from the box. Use the correct form of the verbs.**

if/it/not rain	if/I/buy/your ticket	I/help/you	if/we/not give/them/a present
what/you/do	we/be/positive		if/we/not support/him

> **Things will get better if we're positive.**

1 \_\_\_\_\_, he won't finish the race.

2 \_\_\_\_\_ if you can't do your homework.

3 Will you come to the concert \_\_\_\_\_?

4 \_\_\_\_\_ they won't be happy.

5 If Peter comes to visit, \_\_\_\_\_?

6 We'll go to the beach \_\_\_\_\_.

**4- Rewrite the sentences using the second conditional.**

e.g. We don't visit my uncle very often because he lives abroad.

**If my uncle didn't live abroad, we would visit him very/more often.**

a. He doesn't earn much. That's why he doesn't have a nice car.

\_\_\_\_\_

b. The teacher speaks too fast. That's why I can't understand her.

\_\_\_\_\_

c. I can't go to Sylvia's party because I have to study for an exam.

\_\_\_\_\_

d. Sarah doesn't go to the cinema often because she hasn't got much money.

\_\_\_\_\_

e. He works at the weekends so they can never meet on Sunday afternoons.

f. I can't go to the disco with my friends because I have to get up very early in the morning.

---

5- Put the words in the correct order to form second conditional questions.

happy	you	if	Would	failed	you	an	be	exam?

feel	How	you	would	sang	you	if	solo?	a

you	if	What	rich?	would	you	buy	were

would	you	you	if	were	do	famous?	What

6- Complete the second conditional questions using the verbs in brackets in the correct tense.

a) How  you  if you  a gold medal? (feel/win)

I would feel very proud.

b) Where  you  if you  a time machine? (go/have)

I would go to the future.

c) What animal  you  if you  an animal? (be/be)

I would be a cat.

d) What  you  if you  a spider in your bed (do/see)

I would scream.

e) What  you  if you  Donald Trump? (say/meet)

I would say hello.