

TEST FOR UNIT 7

I. Choose the word whose underlined part is pronounced differently from the others.

1. a. staple b. habit c. gravy d. grate
2. a. fresh b. tender c. celery d. versatile
3. a. slice b. marinate c. sprinkle d. whisk
4. a. recipes b. prawns c. salads d. ingredients
5. a. clove b. curry c. celery d. cabbage

II. Choose the word that has the main stress placed differently from the others.

1. a. shallot b. sprinkle c. puree d. recipe
2. a. arrangement b. nutrition c. ingredient d. versatile
3. a. onion b. lasagne c. cucumber d. marinate
4. a. vegetable b. sashimi c. delicious d. tomato
5. a. unacceptable b. individual c. characteristic d. irresponsible

III. Choose the best answer a, b, c or d to complete the sentence.

1. A healthy diet is essential _____ good health and nutrition.
a. of b. in c. for d. towards
2. Then add some black pepper _____ the salad dressing.
a. to b. on c. in d. with
3. If you _____ food, you crush it so that it almost turns into liquid.
a. steam b. stir-fry c. grill d. puree
4. Adding a small _____ of salt to a cup of bitter coffee will help cut the bitterness.
a. pinch b. cup c. bag d. handful
5. You _____ feel more energized if you reduce your salt intake.
a. should b. may c. must d. would
6. A: Is there some butter I could use?
B: No, there isn't _____ butter, but some margarine.
a. some b. any c. little d. few
7. Too much salt can lead to high blood pressure; _____ puts us at risk of stroke.
a. what b. when c. which d. that
8. Recipes tell me to add one or two _____ of celery to a soup or stew.
a. cloves b. slices c. bunches d. sticks
9. She added a potato to her overly salty soup _____ make it less salty.
a. so that b. as a result of c. in order to d. so as not to

10. "I'll make steak pie for dinner." " _____ "

- a. I'd love to. b. You're right. c. Please, do it. d. Great! I can't wait.

IV. Write the correct form or tense of the verbs in brackets.

1. I _____ (get) sick if I drink milk or eat dairy products.
2. Mr. Robinson said he _____ (work) as a pastry chef at Metropolitan Hotel 5 years before.
3. This is the first time I _____ (make) sakura butter cookies.
4. Your apple pie would be better if you _____ (follow) the recipe exactly.
5. Mango sticky cake _____ (put) in my must-try list when I visit Thailand.
6. There's no point _____ (buy) him expensive wines because he doesn't appreciate them.
7. I'm glad it's almost summertime - I just can't wait _____ (go) swimming!
8. While Jane _____ (wash) the dishes, she suddenly had a brilliant idea.
9. I _____ (starve)! When do we eat, Mom?
10. It's estimated that 1.3 billion tons of food _____ (waste) annually.

V. Write the correct form of the words in brackets.

1. I don't like airplane food. It's so _____. (taste)
2. Don't _____ your food as this can lower the vitamin and mineral content, (cook)
3. Vietnamese food culture is _____ by rice, fish sauce, soup, vegetables and regional diversity, (character)
4. A _____ Vietnamese meal includes rice, meat or seafood, vegetable and soup, (type)
5. Most nutritionists consider junk foods as _____ and harmful, (health)
6. Milk is a very _____ food, containing protein, vitamins and minerals, (nutrition)
7. The simplicity and _____ of yogurt have made it a popular food for hundreds of years, (versatile)
8. Banana, orange juice, and cream may seem to be an odd _____, but together they make a delicious drink, (combine)
9. The meat has been slow-cooked to incredible _____. (tender)
10. Very _____ food doesn't suit her stomach, (spice)

VI. Mark the letter A, B, C or D to indicate that underlined part that needs correction in each of the following questions.

1. Adding nuts and seeds to an all-fruit diet is definite better than strictly eating fruit alone.
A B C D

2. Chicken breast is high on protein, but it's low in fat and calories.

A
B
C
D
3. Typically, a home-cooked traditional Japanese meal consists rice, miso soup,

A
B
C

pickled vegetables and fish or meat.

D
4. The secondo is a small serve of fish, chicken or meat, and it's often grilled and served

A
B
C
D

without sauce.
5. Stop drinking or drink more soft drinks if you want to lose weight.

A
B
C
D
6. Fast foods can supply many more calories that needed from one meal.

A
B
C
D
7. Eating breakfast can upstart your metabolism, that helps with weight control, mood,

A
B
C

and school performance.

D
8. One of the main reasons teens have bad eating habits are because of their very busy

A
B
C
D

schedules.
9. Almost teenage girls used unhealthy eating habits like fasting, or skipping meals to

A
B
C
D

control their weight.
10. Teens hit fast food restaurants much more often than they do when they were younger.

A
B
C

VII. Write the second sentence so that it has a similar meaning to the first sentence. Use the word in capital.

1. I haven't made a birthday cake for my mom since 2016. (LAST)

2. They are going to build a new cinema on the site of the old library. (BUILT)

3. Attend the class regularly and you can pass the test easily. (IF)

4. The game was cancelled because it was raining heavily. (CALLED)

5. I can't wait until I go hiking on my vacation. (LOOKING)

6. 'Are you waiting to be served?' the waitress said to me. (ASKED)

7. "Why don't you make cake in a pressure cooker?" Joana told me. (SUGGESTED)

8. Anne finished her homework then she read the book. (AFTER)

9. If I were you, I'd eat more fresh vegetables and less meat. (SHOULD)

10. I am so exhausted that I won't be able to go out tonight. (TOO)

VIII. Write a paragraph about your eating habit. Use the following questions as clues.

1. What do you have for breakfast/ lunch/ dinner?
2. Do you think you have good/ bad eating habits?
3. If you have bad eating habits, what should you do to be healthier?