

*I want to say something about the Russian people who will now feel the brunt of western sanctions imposed on them. I'm for punishing Putin and his enablers. But we must distinguish between the Russian people and the Russian government.*

Amid all the horrors we've been forced to \_\_\_\_\_ as Russia continues its push to capture Ukraine, it's critical to \_\_\_\_\_ reminding yourself of something:

The Russian people are not the Russian military. The Russian people are not the Russian \_\_\_\_\_. And the Russian people are certainly not Vladimir Putin. I hope you've seen the ways of protests that have been messaged in more than 15 Russian cities over the last several days. And keep in \_\_\_\_\_ this formed after the Russian regime threatened. Even the slightest example of civil disobedience would result in severe \_\_\_\_\_ and after the government said protesters would be treated effectively like terrorists.

The people you see on your \_\_\_\_\_ – they're not free, they live in a cult of critic authoritarian dictatorship. The country where it's considered a criminal offense to so much as hold up a sign that criticizes the government. More than 27 hundred of them have reportedly been detained in just the last 3 days alone. And despite this, despite that \_\_\_\_\_, despite that threat, they \_\_\_\_\_ to stay in solidarity with Ukraine.

I say all of this to \_\_\_\_\_ you and to remind myself that we cannot allow our disgust for V. Putin's war to infect how we view the Russian people. We've a \_\_\_\_\_ to be measured in our criticism. The Russian people did not \_\_\_\_\_ for this war, they did not have a say in whether their sons or daughters would go \_\_\_\_\_ and die in that \_\_\_\_\_. And well, I hope for harsh sanctions to \_\_\_\_\_ V. Putin and his enablers, I've a tremendous amount of sympathy and concern for the Russian people who'll suffer as a result of these measures.