

LISTENING GAP FILL

Be Positive – Do Something Day is on March 1st. It _____ make a difference in the world and do something positive. It might change our lives _____. It often seems as though the world is full of negative news, negative people and negative images. This day is _____ this. An Australian man, Harold Cameron, created this day. He has a lifetime's experience of _____ positives. Harold says on the Be Positive website: "I was born _____. It was thought that I would never live, but I did." He explains how he overcame being _____ child, abuse, drugs, the death of close family members and other setbacks. Every time _____ through positive thinking.

One of Harold's messages is do not procrastinate. _____ tomorrow. He says if you put things off for another day, they usually _____. He has many suggestions about what to do on this day. Here are a few. _____ think. How about speaking a positive word to someone first thing in the morning _____ positive message somewhere for everyone to read? Speak a positive word to the first people you meet at school or _____

at work. Harold also suggests donating things from your home you _____ need to people in need. Be Positive – Do Something Day might also be a good time to get your life moving in the direction you want it to go. Write down your biggest life _____ . You can do it.

Match the following phrases from the article.

Paragraph 1

1. our chance to make a	a. abandoned as a child
2. the world is full	b. positive thinking
3. This day is for you to	c. into positives
4. turning negatives	d. difference in the world
5. he overcame being	e. of negative news
6. he bounced back through	f. reverse this

Paragraph 2

1. put things off	a. you want it to go
2. many suggestions about what	b. for another day
3. Speak a positive word to the first	c. and go for it
4. donating things from your home	d. to do on this day
5. get your life moving in the direction	e. you no longer use
6. Write down your biggest life goal	f. people you meet at school

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

Be Positive – Do Something Day is on March 1st. It is our *change / chance* to make a difference in the world and do something positive. It might *change / chance* our lives for the better. It often seems as though the world is full *if / of* negative news, negative people and negative images. This day is for you to *reverse / reversal* this. An Australian man, Harold Cameron, *creation / created* this day. He has a lifetime's experience of turning negatives into positives. Harold says on the Be Positive website: "I was born *sickly / sickness* as a child. It was thought that I would never live, but I did." He explains how he *overcame / overdid* being abandoned as a child, abuse, drugs, the death of close family members and other setbacks. Every time he bounced *front / back* through positive thinking.

One of Harold's messages is do *not / never* procrastinate. Do it today, not tomorrow. He says if you put things *off / on* for another day, they usually never get done. He has many suggestions about what to do on this day. Here are a *three / few*. See what you think. How about speaking a positive *word / words* to someone first thing in the morning or posting a positive *massage / message* somewhere for everyone to read? Speak a positive word to the first people you meet at school or at work. Harold also suggests *donating / donation* things

from your home you no longer use or need to people in need. Be Positive – Do Something Day might also be a *good / well* time to get your life moving in the direction you want it to go. Write down your biggest life *goal / score* and go for it. You can do it.