

LISTENING GAP FILL

Be Positive – Do Something Day is on March 1st. It _____ make a difference in the world and do something positive. It might change our lives _____. It often seems as though the world is full of negative news, negative people and negative images. This day is _____ this. An Australian man, Harold Cameron, created this day. He has a lifetime's experience of _____ positives. Harold says on the Be Positive website: "I was born _____. It was thought that I would never live, but I did." He explains how he overcame being _____ child, abuse, drugs, the death of close family members and other setbacks. Every time _____ through positive thinking.

One of Harold's messages is do not procrastinate. _____ tomorrow. He says if you put things off for another day, they usually _____. He has many suggestions about what to do on this day. Here are a few. _____ think. How about speaking a positive word to someone first thing in the morning _____ positive message somewhere for everyone to read? Speak a positive word to the first people you meet at school or

at work. Harold also suggests donating things from your home you _____ need to people in need. Be Positive – Do Something Day might also be a good time to get your life moving in the direction you want it to go. Write down your biggest life _____. You can do it.

Match the following phrases from the article.

Paragraph 1

- | | |
|----------------------------|----------------------------|
| 1. our chance to make a | a. abandoned as a child |
| 2 the world is full | b. positive thinking |
| 3. This day is for you to | c. into positives |
| 4. turning negatives | d. difference in the world |
| 5. he overcame being | e. of negative news |
| 6. he bounced back through | f. reverse this |

Paragraph 2

- | | |
|--|------------------------------|
| 1. put things off | a. you want it to go |
| 2. many suggestions about what | b. for another day |
| 3. Speak a positive word to the first | c. and go for it |
| 4. donating things from your home | d. to do on this day |
| 5. get your life moving in the direction | e. you no longer use |
| 6. Write down your biggest life goal | f. people you meet at school |

CHOOSE THE CORRECT WORD

Delete the wrong word in each of the pairs of *italics*.

Be Positive – Do Something Day is on March 1st. It is our *change / chance* to make a difference in the world and do something positive. It might *change / chance* our lives for the better. It often seems as though the world is full *if / of* negative news, negative people and negative images. This day is for you to *reverse / reversal* this. An Australian man, Harold Cameron, *creation / created* this day. He has a lifetime's experience of turning negatives into positives. Harold says on the Be Positive website: "I was born *sickly / sickness* as a child. It was thought that I would never live, but I did." He explains how he *overcame / overdid* being abandoned as a child, abuse, drugs, the death of close family members and other setbacks. Every time he bounced *front / back* through positive thinking.

One of Harold's messages is do *not / never* procrastinate. Do it today, not tomorrow. He says if you put things *off / on* for another day, they usually never get done. He has many suggestions about what to do on this day. Here are a *three / few*. See what you think. How about speaking a positive *word / words* to someone first thing in the morning or posting a positive *massage / message* somewhere for everyone to read? Speak a positive word to the first people you meet at school or at work. Harold also suggests *donating / donation* things

from your home you no longer use or need to people in need. Be Positive – Do Something Day might also be a *good / well* time to get your life moving in the direction you want it to go. Write down your biggest life *goal / score* and go for it. You can do it.