



1. Listen to the song and complete with this words:

ORANGE - NUTRIENTS - HAPPY - VEGETABLES - STONE -  
VITAMINS - WINTER - GREEN - MINERALS - BLUE

## THE FRUIT AND VEG SONG

We eat fruit and \_\_\_\_\_ in every season.

They're delicious but it's not the only reason.

Fruit and veg have calcium, \_\_\_\_\_ and fibre, too.

Fruit and veg have \_\_\_\_\_ and they're good for you.

Some fruit and veg are red, some are purple or \_\_\_\_\_.

Some fruit and veg are \_\_\_\_\_, some are yellow, too.

Some fruit and veg are \_\_\_\_\_, and some are white.

Fruit and veg keep you healthy, \_\_\_\_\_ and bright.

Fruit and veg grow in the summer, autumn, \_\_\_\_\_ and spring.

You eat them cook or raw, on their own or with something.

Some fruits have got a \_\_\_\_\_, some fruits have got seeds.

And they have a lot of \_\_\_\_\_ that your body needs.

We eat fruit and vegetables in every season...