

FIT AND HEALTHY

Write:



a) Tom never _____ sweets during the week.

b) They _____ fizzy drinks at dinner.

c) He _____ to bed around midnight.

d) Maria and John _____ vegetables at lunch.

e) I _____ sport during the week. I _____ active.

f) My sister _____ books before she _____ to bed.

g) My brother _____ TV every day.

h) I always _____ fruit twice a day.

i) My parents _____ films before going to bed.

j) Sophie and Ann _____ computer games two hours a day.

k) You never help at home. You _____ lazy!

l) Bill _____ water at meals and he always _____ healthy snacks. He _____ sport five times a week. He _____ a fit and healthy boy.

LIVEWORKSHEETS