

2.4 MOTIVATION UNIT

Choose the correct answer

- 1. The intrinsic and extrinsic factors that stimulate people to take actions that lead to achieve a goal.**
 - a. Motivation
 - b. Training
- 2. Comes from external rewards associated with working in a task, for example pay and other benefits.**
 - a. Intrinsic motivation
 - b. Extrinsic Motivation
- 3. Comes from the satisfaction derived from working on and completing a task.**
 - a. Intrinsic motivation
 - b. Extrinsic Motivation
- 4. An example of Intrinsic motivation is:**
 - a. Growth
 - b. Pay raises
- 5. An example of extrinsic motivation is:**
 - a. Self-expression
 - b. Bonuses