



Activity 1

**The vital signs**

Write the normal rate of the following vital signs for an adult.

| Vital sign       | Normal rate |
|------------------|-------------|
| Blood pressure   |             |
| Body temperature |             |
| Respiration      |             |
| Pulse            |             |

**Research: Factors that influence the vital signs**

Research and explain some factors that may cause the normal rates of the vital signs to be different.

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