

MAPEH - Locomotor Movements

Drag the word beside the correct statement that describes it.

walking

skipping

jumping

running

hopping

 walking at an increased tempo

 standing with both feet together and then jumping with both feet together

 a combination of a step and a hop with alternating feet after each step-hop

 jumping from one foot to the same foot after a brief pause in the air

 the transfer of the weight from one foot to the other while moving