

Pancake Day

In the United Kingdom, Ireland, Australia, New Zealand and Canada people celebrate Pancake Day on Shrove Tuesday in February or March. In 2022 Pancake Day is on Tuesday 1st March. Traditionally, during lent, Christians can't eat meat, fish, eggs or dairy products. People make pancakes to use their eggs, butter and milk before Lent. In Britain people eat their pancakes with sugar and lemon juice.

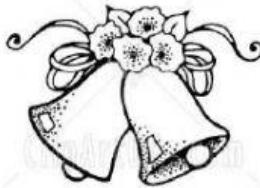


Pancake Races



People also have pancake races. The most famous race is in the village of Olney in England. Only women and girls can participate.

The race started in the 15th Century. The story is that on Shrove Tuesday in 1445, a woman wanted pancakes for her breakfast. She was in the kitchen when suddenly she heard the church bells. She ran outside to go to church – in her apron with her frying pan in her hand! Now there are pancake races all over Britain.



Other Celebrations Around the World

In some American cities people celebrate "Fat Tuesday" or "Mardi Gras" on Shrove Tuesday. They eat King cakes.

In Spain, Italy and Brazil people celebrate Carnival. This comes from the words carne levare (to take away meat). It is often celebrated with street processions and/or fancy dress. The Brazilian Carnival in Rio De Janeiro is the most famous. Venetians celebrate carnival with a masquerade.

On the Portuguese island of Madeira they eat malasadas on Terça-feira Gorda (Fat Tuesday in English). They make malasadas to use up all the fat and sugar in the house before Lent. People also eat malasadas in Hawaii because many Portuguese workers worked there on the sugar plantations.

In Denmark and Norway the day is called Fastelavn. People eat a cake called fastelavnsboller.

In Iceland the day is called Sprengidagur (Bursting Day) . People eat salted meat and peas.

True or false? Write T for true and F for false.

1. Pancake Day is celebrated in the USA.
2. People make pancakes in a frying pan.
3. Christians can't eat vegetables during lent.
4. People put fish on their pancakes.
5. Pancakes have eggs in them.
6. Pancake day is in July.
7. Mardi Gras means fat Friday.
8. People eat king cake at Mardi Gras.
9. The most famous Carnival is in Paris.
10. People eat salted meat and peas in Iceland

Answer the following questions.

1. Which countries celebrate Pancake Day?
2. What day is pancake day in 2022?
3. What do people eat pancakes with in Britain? With
4. Where do people celebrate Mardi Gras? In
5. What do people eat at Mardi Gras?
6. How do Spanish people celebrate on Shrove Tuesday?
7. What do people call Shrove Tuesday in Norway?
8. What do people eat on Shrove Tuesday in Iceland?
9. What year did pancake day start?
10. Where is the most famous pancake race?