UNIT 5: FOOD (PAGE 11-15) a

Exercise 4: Read the magazine article about street food. Then complete the exercise.

One of the most popular activities that people do when they go on holiday to another country is to try the local food. However, eating dinner in a restaurant every night can be expensive, and many people find the restaurants they choose are full of tourists and not many local people. A much better way to try local food is to eat 'street food', food made and sold not in a restaurant, but on the street, from a 'stall' or large table. It is often very tasty and you can try many different small dishes. It's also cheaper than eating in restaurants. Different countries have their own famous types of street food. France is famous for *baguettes*, which are a type of French bread filled with cheese or meat with salad. You can buy *baguettes* from stalls on the street in many French cities. In Italy, there are slices of pizza, and *arancini* which are fried balls of rice with cheese, meat or vegetables inside. The name *arancini* means 'oranges' in Italian. Mexico has tacos, a dish with spicy beans and meat. Eating street food is also a great way to learn about new places and to talk to local people about the food in their country. So, the next time you travel to a new country, don't go to a restaurant, go to the street instead! You will love the delicious food you can find there.

Complete the sentences with one word from the text.

1. Many people like to try the local _____when they visit another country.
2. Many restaurants have a lot of _____ but not many local people go there.
3. Street food is usaully _____ than food in restaurants.
4. You can buy baguettes on the _____in many cities in France.
5. Arancini is the Italian word for _____.
6. Tacos are a popular street food in _____.

Exercise 5: Read about food in four different countries.

A Japan

Japanese food is fresh, healthy and tasty. It includes a lot of fish, vegetables, tofu and rice. Typical dishes are *ramen*, a type of soup with noodles and vegetables or seafood, and curries with chicken or tofu. Japanese people usually eat small amounts of food. They also like to eat their food very slowly and this stops them from eating too much. For this reason, Japanese people are among the healthiest people in the world and do not get ill very often. Japanese people do not eat a lot of sweet dishes, but they enjoy eating fruit and small cakes called *dorayaki*. To celebrate the new year, Japanese people often eat cakes made of rice, and a special soup called *ozoni*.

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B Italy

When many people think of Italian food, they think of delicious but not very healthy food like pasta with meat sauces, lots of cheese, and, of course, pizza. However, Italians don't eat these dishes every day. They eat a lot of healthy foods, including vegetables, tomatoes and olive oil. A typical Italian meal usually includes several different small dishes. Italians stay healthy by eating a lot of vegetables and only a little meat. Lunch is the main meal of the day and Italians like to have long lunches at home. Sometimes Italians will get together with their friends and family in the evening and go to a pizzeria to eat pizza. After dinner, they might have a *gelato*, a type of Italian ice cream, which has many delicious flavors.

C China

Chinese people eat a lot of vegetables, which are usually steamed or fried. They eat some meat and fish, but usually not very much, and often on special occasions. Rice, noodles and dumplings are popular Chinese dishes. A lot of Chinese dishes use garlic and ginger, which are tasty and are good for the stomach. Green tea is a popular drink in China, and many people believe that it helps them to stay healthy. China has many festivals, and people often eat special food during these times. People eat dumplings to celebrate Chinese New Year, and for the Autumn Festival people eat special cakes called *moon cakes*. Festivals are often special times for families to get together and eat delicious food.

D Poland

Polish people like to eat food that keeps them warm in winter. Soup, meat and small dumplings called *pierogi* are all popular dishes. *Pierogi* can be sweet or savory. Polish dishes are usually served with vegetables, especially carrots, potatoes and cabbage. Polish people also like sweet dishes, especially cakes. Cheesecake and doughnuts are popular for dessert, and people make special cakes for weddings and festivals. Polish people usually eat four small meals a day. They eat the main meal of the day in the afternoon, usually at about 2:00 p.m. This meal usually has three dishes, a soup, a meat dish and a dessert. In December, Polish people eat a special meal to celebrate Christmas, which includes 12 different dishes!

Match the information to the countries.

	Japan	**Italy**	**China**	**Poland**
1. A healthy drink is popular in this country.	○	○	○	○
2. People from this country eat soup to celebrate the New Year.	○	○	○	○
3. Healthy food in this country often includes olive oil.	○	○	○	○

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4. People from this country usually meat for their main meal.	○	○	○	○
5. Many people ice cream in the evening in this country.	○	○	○	○
6. Sweet dumplings are a popular dish in this country.	○	○	○	○
7. People from this country eat meat on special occasions.	○	○	○	○
8. people from this country eat their meals slowly.	○	○	○	○

Exercise 6: Put the words in the correct order to make sentences.

1. Pizza is Italian popular a dish .

2. Food healthy very is Japanese .

3. Eat meat lot people of Polish a .

4. Day the main meal the of lunch is .

5. Eat of meat don't in lot China, people a .

6. The I always eat ice summer in cream .

7. Breakfast people big eat Turkish a .

8. Indian spicy is quite food often .

Exercise 7: Put the words in the box in the correct column.

rice pizza dumpling bread vegetable pasta egg meat soup

Countable nouns	Uncountable nouns
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

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Exercise 8: Change the underlined words to the correct countable or uncountable form to complete the sentences. The first question has been done for you.

1. Do you eat ~~much~~ **many** vegetables?

2. There is not many milk left. We need to buy some more.

3. I made a soup for dinner.

4. How many rice would you like?

5. I like to eat a fruit for breakfast.

6. Would you like some cup of coffee?

7. I don't eat many meat any more.

Exercise 9: Read part of the text. Then complete the exercise.

A Thank you for your email. You asked me to tell you about the food in the UK. Some people think that British people eat unhealthy, fried food like fish and chips all the time. However, this is not true. A lot of British people prefer to eat food from other countries. Chinese and Indian food is very popular in the UK. Many people eat Chinese or Indian food at the weekend, and some people cook it at home. I like Indian food a lot and think that it is very tasty, but some dishes with a lot of chilli are a bit too spicy for me. Many people also think that British people have afternoon tea every day at 4:00 p.m. This is also not true! People sometimes have afternoon tea with sandwiches and sweet foods like cakes, but only on special occasions.

B You also asked me about what food I like. My favorite dish from my country is called Shepherd's Pie. It is a hot dish made of meat and vegetables and potato, which is cooked in the oven. It tastes really good. I usually eat it with a lot of fresh vegetables like peas or cabbage, so it is quite a healthy dish. My mum usually cooks it for me and my brother when we come home from university. I like to eat Shepherd's Pie in the winter when it is cold, because it makes me feel warm. My favorite sweet dish is apple pie which is baked. Many people believe that British food is not so tasty, but I think we have some delicious dishes.

Match the information with the two paragraphs.

	A	B
1. A description of Richard's favorite dish.	○	○
2. Food from different countries.	○	○
3. Who cooks Richard's favorite dish.	○	○
4. A winter dish.	○	○
5. Something that British people don't have very often.	○	○
6. Richard's opinion of British food.	○	○

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D. Speaking & Listening

Exercise 1: Match the ingredients in the box and the pictures.

beef	*seafood*	*chicken*	*cheese*	*fish*
butter	*fruit*	*vegetables*	*oil*	







1._____ 2._____ 3._____







4._____ 5._____ 6._____







7._____ 8._____ 9._____

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