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Types of Joints

Instructions: Fill in the blanks using the word bank below

There are two main groups of joints: immovable and _____. An example of an immovable joint is found in the _____. Movable joints can be further divided into hinge, gliding, ball and socket, and pivot joints. The joint in the neck allows movement up and down as well as side to side. Therefore, it is an example of a _____ joint. The elbows allow only back and forth movement so it is an example of a _____ joint. The wrists allow the bones to slide across one another so these are an example of a _____ joint. The joints at the shoulders consist of a rounded end of a bone fitting into a cup like cavity of another. These are an example of a _____ joint.

Word Bank (Use each word only once)

Hinge	Movable	Skull
Ball and socket	Pivot	Gliding

LIVEWORKSHEETS