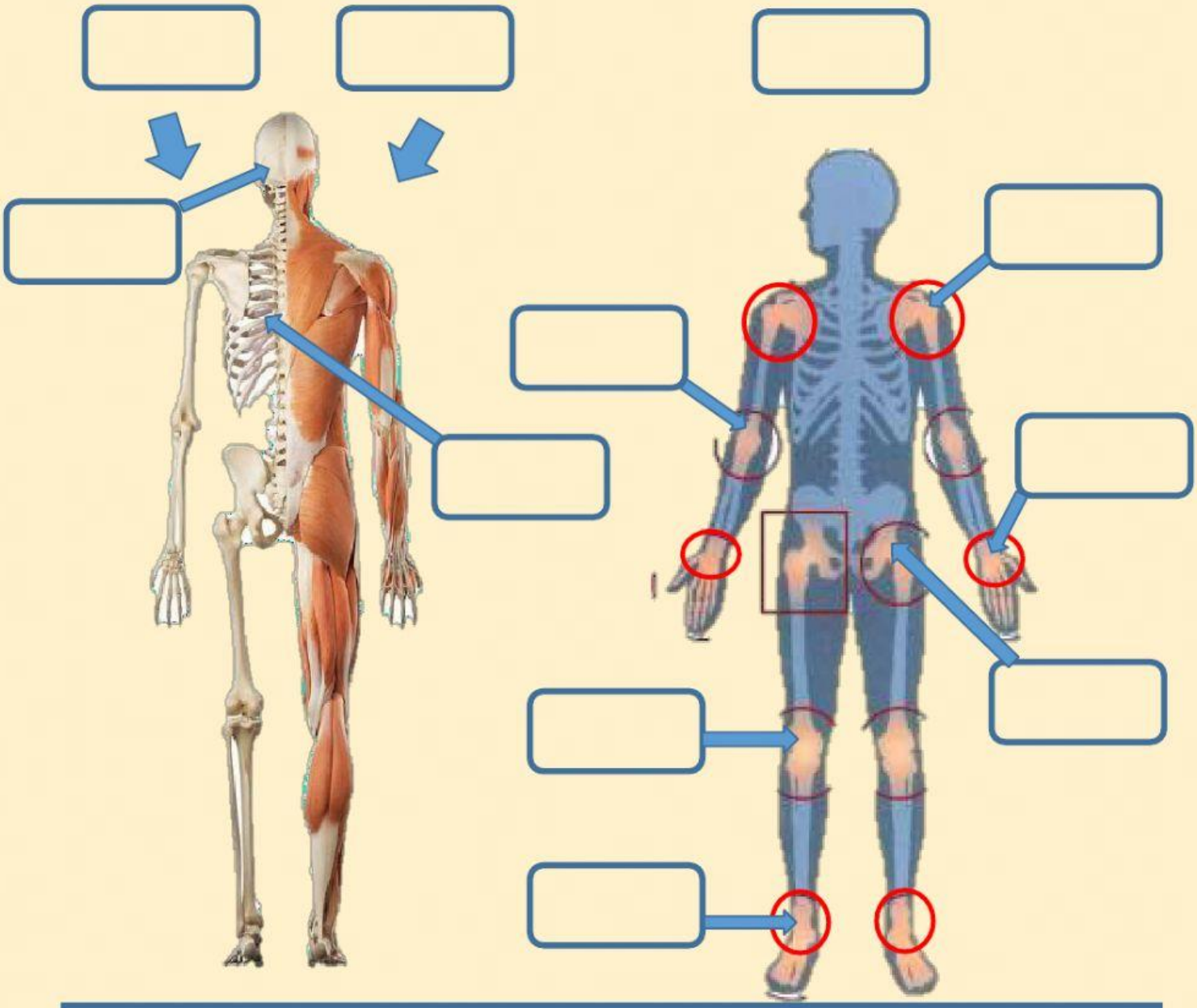
THE LOCOMOTOR SYSTEM

The locomotor system makes our body move. It's made up of **bones**, **joints** and **muscles**.

- _____ = We have 206. They are hard and rigid. Some bones protect organs. The **skull** protects the brain. The **ribs** protect the lungs and heart.
- _____= We have over 600. They are elastic and flexible.
- _____= Joints are where two or more bones meet. The main joints are: **neck**,**shoulder**, **elbow**, **wrist**, **hip**, **knee** and **ankle**.



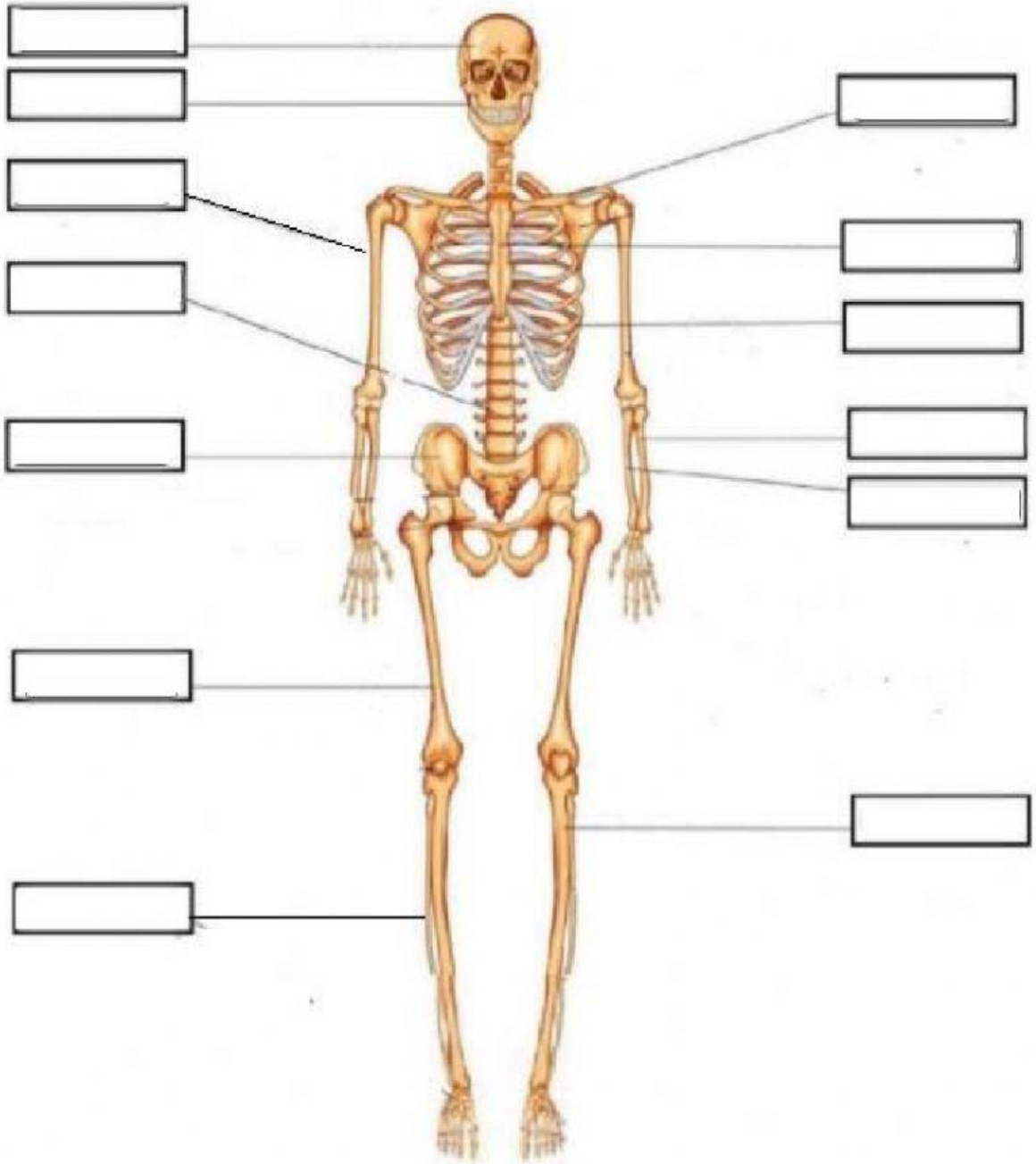
joints **muscles** **bones** **ribs** **skull** **shoulder**

hip **ankle** **elbow** **wrist** **knee**

LIVEWORKSHEETS
LIVEWORKSHEETS

THE SKELETON

1. WRITE THE NAMES OF THE BONES

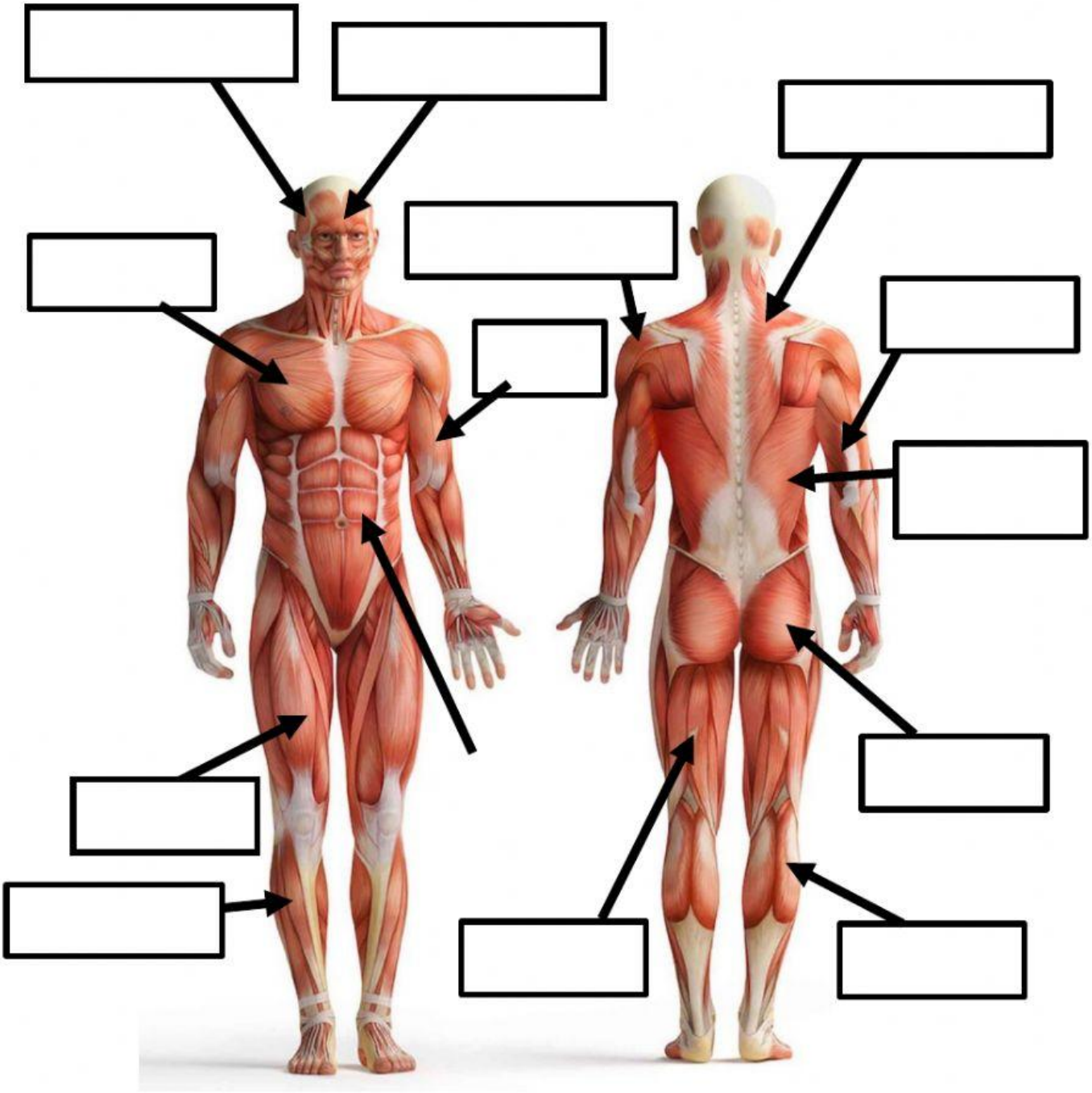


BACKBONE - RADIUS - TIBIA - CRANIUM - RIBS - ULNA - FEMUR - STERNUM - HUMERUS - FIBULA - JAW BONE - PELVIS - CLAVICLE

LIVEWORKSHEETS
LIVEWORKSHEETS

MUSCULAR SYSTEM

2.WRITE THE NAMES OF THE MUSCLES



PECTORALIS MAJOR - BICEPS - GLUTEUS MAXIMUS - DELTOID - QUADRICEPS – TRICEPS - HAMSTRING - TRAPEZIUS. FRONTAL MUSCLE -TIBIALIS ANTERIOR - TEMPORAL - GASTROCNEMIUS - LATISSIMUS DORSI - ABDOMINALS

LIVEWORKSHEETS LIVEWORKSHEETS