

1- Copy the table then write the name of every food item in the correct column.



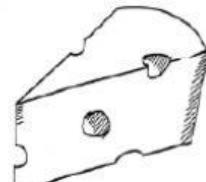
grapes



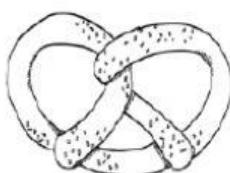
milk



apple



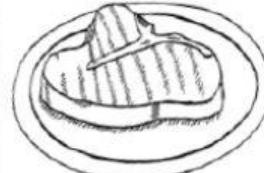
cheese



pretzel



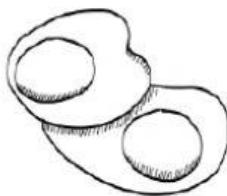
broccoli



steak



turkey



eggs



bread

| Fruits and Vegetables | Dairy | Grain | Protein |
|-----------------------|-------|-------|---------|
| | | | |

2- Name:

a) one food item that gives you energy:

b) two food items that help your body become strong:
