

Use the verbs in the box to complete the health tips. Use affirmative or negative forms of the imperative. You will use one word in the box twice.

drink	eat	give	go	sleep	take	wash
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TIPS...

#### TO STAY HEALTHY

1. \_\_\_\_\_ vitamins.
2. \_\_\_\_\_ a lot of junk food.
3. \_\_\_\_\_ for 8–9 hours a night.
4. \_\_\_\_\_ your hands often.
5. \_\_\_\_\_ a cup of green tea daily.
6. \_\_\_\_\_ too much soda. Water is better.

#### THE COMMON COLD

If you have a cold,

1. \_\_\_\_\_ to school or work.
2. \_\_\_\_\_ an aspirin for pain and fever.
3. \_\_\_\_\_ aspirin to children under 12! It's dangerous.
4. \_\_\_\_\_ a bowl of chicken soup.