Use the verbs in the box to complete the health tips. Use affirmative or negative forms of the imperative. You will use one word in the box twice.

drink	eat	give	go	sleep	take	wash

TIPS…

TO STAY HEALTHY

1. _____vitamins.
2. _____a lot of junk food.
3. _____ for 8–9 hours a night.
4. _____ your hands often.
5. _____ a cup of green tea daily.
6. _____too much soda. Water is better.

THE COMMON COLD

If you have a cold,

1. _____ to school or work.
2. _____ an aspirin for pain and fever.
3. _____ aspirin to children under 12! It's dangerous.
4. _____ a bowl of chicken soup.

LIVEWORKSHEETS