

**Complete the text with the correct passive infinitive or -ing form of the verb in brackets.**

Imagine 1..... (**wake up**) by a member of your family to discover that you have not only got out of bed and turned on your computer while asleep, but have emailed your friends without knowing it. Apparently, cases of 'zzz-mailing' are starting 2..... (**report**) more frequently, and experts say they expect 3..... (**tell**) about even more of these strange events. Robert Wood, who suffers from bizarre night-time wanderings, desperately hopes 4..... (**cure**) after his wife, who didn't expect 5..... (**meet**) by such a worrying sight, found the Scottish chef cooking chips in their kitchen while fast asleep! However, another sufferer, nurse Lee Hadwin, definitely doesn't want 6..... (**prevent**) from sleepwalking and admits 7..... (**amaze**) by his unconscious talents! He certainly deserves 8..... (**know**) as a gifted artist after producing amazing drawings on tablecloths, clothes and walls – although it seems he has no such ability while he's awake.

**Complete the text with one or two words in each gap.**

Do you have 1..... told that you should be drinking more water? 2..... is often reported that we ought to drink at least two litres a day, but there are many people who believe this advice must have 3..... spread by companies wanting us to buy their bottled water. Humans are known to 4..... evolved in conditions of extreme heat and dryness and it 5..... now thought that too much water is worse for us than too little. According to one scientist, it's like saying we should all 6..... encouraged to breathe more oxygen, because if a little is good for us, more must be even better!