



Year 2 Science
(Week 5)

Worksheet – Healthy Eating

Name: _____

Class: Year 2 A B C D

Date: _____

1 Look at these foods. Select the **fruits and vegetables**.



2 Select the **least healthy** food or drink in each box.

a

cherries can of cola melon

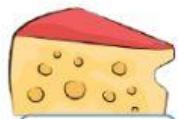
b

biscuit peas milk

c

chocolate apple cheese

3 Sort these foods into groups below.



cheese



meat



ice cream



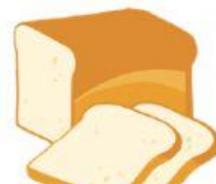
water



doughnut



apple

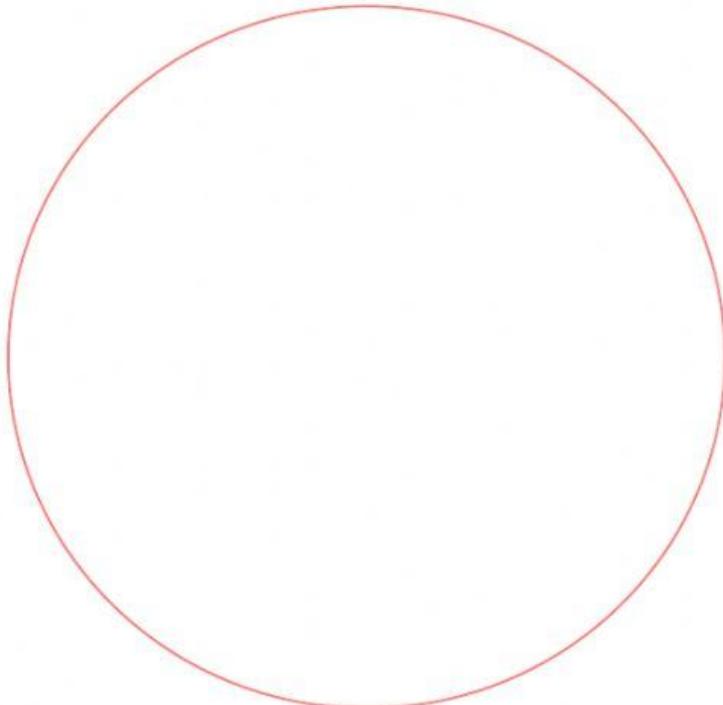


bread



chocolate

healthy food



less healthy food

