

- 1 Read the text about dreams. Match the types of dreams in the box to each description A-E. There is one type of dream which you do not need.

a chase a fall a snake a test a disaster a tooth

- 2 Read the text again and complete the gaps with nouns or adjectives formed from the words in brackets.

Why we dream

Scientists still can't explain why we dream. However, our dreams tell us something important about ourselves. Here are the most common dreams and their interpretations.

A _____

If you dream about losing one of these, it means that you are worried about your appearance or worried that you may not be very strong. It isn't ¹ _____ (ease) to get this dream out of your head and it's frightening.

B _____

Dreaming of a ² _____ (danger) animal that can hurt or kill you in real life means that you are worried about a situation which you can't control. It might also mean that you feel that you need to be ³ _____ (caution) about what you say or do.

C _____

Dreaming of being in a ⁴ _____ (hazard) situation, such as being near a volcano or hearing a terrible ⁵ _____ (explode), or dreaming of catching an ⁶ _____ (infection) disease, means you are afraid of the future. Dreams of ⁷ _____ (destroy) mean that you aren't happy with how things are now and want things to change.

D _____

This is a very common dream. Even people who are ⁸ _____ (luck) enough to get good grades in most subjects have this dream. In the dream, we feel that people will be ⁹ _____ (anger) with us for getting low marks or for writing the wrong answers. If we have this dream, it usually means we are afraid of not being good enough or we are worried about how other people see us.

E _____

This one makes us wake up at night. It is a warning that we may not be ¹⁰ _____ (health). In the dream, you are in a plane or on a mountain, and then suddenly you are in the air, with only the ground below. There is nothing to hold on to, and your brain is trying to give you a message that you are in a very ¹¹ _____ (risk) place!

