Listen and answer the questions

1.What will you make fit?

_____

2.What won't you make fit?

_____

3.Where can you play sport?

_____

4.What can you do if you don't like team sports?

_____

5.What does regular exercise make?

_____

6.How often can you eat sweets, chocolate and crisps?

_____

7.What do they contain?

_____

8.What can you eat?

_____

9.What do you need to drink?

_____

10.What do fizzy drinks contain?

_____

11.How much sugar is in one can of Coke?

_____

12.Why do you need calcium?

_____

LIVEWORKSHEETS