

## **Listen and answer the questions**

1.What will you make fit?

---

2.What won't you make fit?

---

3.Where can you play sport?

---

4.What can you do if you don't like team sports?

---

5.What does regular exercise make?

---

6.How often can you eat sweets, chocolate and crisps?

---

7.What do they contain?

---

8.What can you eat?

---

9.What do you need to drink?

---

10.What do fizzy drinks contain?

---

11.How much sugar is in one can of Coke?

---

12.Why do you need calcium?

---