

HEALTHY AND UNHEALTHY HABITS

Put these pictures in the right box:

Healthy	Unhealthy



Stretch



Have quiet time



Drink soda



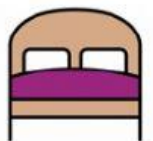
fast food



Take Care of Your Teeth



drink water



Get Enough Rest



Wash Your Hands



What is your healthy habit?

What unhealthy habit do you have? How can you work and improve on it?
