

# HEALTHY AND UNHEALTHY HABITS

Put these pictures in the right box:

Healthy	Unhealthy



Stretch



Have quiet time



Drink soda



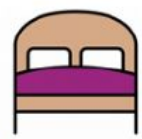
fast food



Take Care of Your Teeth



drink water



Get Enough Rest



Wash Your Hands



What is your healthy habit?

---

---

---

---

---

---

What unhealthy habit do you have? How can you work and improve on it?

---

---

---

---

---

---