

VOCABULARY PLUS

NAME:

LISTEN TO THE AUDIO AND WRITE: 1,2,3 (JUST NUMBERS) ACCORDING TO THE EXTRACT YOU LISTEN.

a. A fear of heights	
b. The difference between common fears and phobias	
c. Symptoms of phobias	
d. Why we like to be scared	
e. A memory of fainting at the doctor's	
f. A fear one person has suffered their whole life	
g. The fight or flight response	
h. Why people develop phobias	
i. The importance of context and danger	

SELECT THE BEST ANSWER ACCORDING TO THE RADIO PROGRAMMES.

1. Extract 1

a. All anxiety disorders are called simple phobias.
b. Most people have a phobia of some type of animal.
c. Exaggerated or irrational fears are phobias.

2. Extract 1

a. Friendships can suffer as a result of phobias.
b. Most of us will feel dizzy and sweat when we see a tarantula.
c. Phobia sufferers are difficult to live with.

3. Extract 1

a. Children inherit phobias from their parents.
b. Scary encounters we have as children can cause phobias.
c. Most people who have a fear of dogs also suffer from aquaphobia.

4. Extract 2

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| a. Everyone screams when they feel scared on a roller coaster. |
| b. Many of us feel frightened during a horror film. |
| c. We prefer watching horror films as teenagers. |

5. Extract 2

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| a. We can't control the reaction in our body when we're in danger. |
| b. The more dangerous the situation, the more likely we are to use critical thought. |
| c. When faced with danger our body produces either high levels of energy or pain-blocking chemicals. |

6. Extract 2

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| a. Our bodies can't distinguish between real and false danger. |
| b. Our bodies can distinguish between false and real danger. |
| c. It depends on the person whether the body can distinguish between real and false danger. |

7. Extract 3

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| a. Liz suffers physical symptoms because of her fear. |
| b. Liz always loses consciousness when she sees a needle. |
| c. Liz first remembers her fear while watching a horror film. |

8. Extract 3

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| a. Abi had been diagnosed with coulrophobia by her doctor. |
| b. Abi prefers clowns that smile. |
| c. Abi feels just as scared now as she did as a child. |

9. Extract 3

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| a. Ben has fewer fears now than he used to. |
| b. Ben avoids situations that cause his fears. |
| c. Ben is having therapy to overcome his fears. |

DECIDE WHICH FORM SHOULD GO IN THE FOLLOWING:

- 1) Peter was _____ when he missed the start of the film.
- 2) Have you read the book 'Life of Pi'? It's a great book, especially if you are _____ in that genre.
- 3) The results of the game were _____. The best team didn't win.
- 4) I just can't speak to Tom for more than five minutes. He's the most _____ person I know.
- 5) The children were so _____ when we told them we were going to Disneyland.
- 6) Trying to understand English grammar can be so _____.
- 7) John was _____ when he went parachute jumping for the first time.
- 8) When there are the sales Sarah is not _____ in anything except shopping.