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Simple past: regular verbs



Super Grammar

Use the **simple past** to talk about something that happened in the past at a specific time:

*She **played** football yesterday.*

Regular verbs in the simple past are verbs which end in **-ed**, such as *played*, *watched* and *visited*. They are the same for every person:

I, you, he, she, we, you, they.

1 Put the verbs into the simple past.

Hi Jen,

Is your arm better? I hope so. Last week was the half-term holiday. No school – brilliant! On Monday I ¹ *played* (play) basketball with my cousins. What a game! On Tuesday Fabio and I ² (watch) a film at the new cinema in town. It was boring. On Wednesday my sister and I ³ (visit) my grandmother. We ⁴ (walk) around the beautiful park next to her house. On Thursday I ⁵ (cook) the evening meal for everyone – spaghetti! I love cooking. On Friday I ⁶ (stay) at home because I was a bit tired. At the weekend, it was really sunny. I ⁷ (help) my parents in the garden. I really ⁸ (like) my half-term holiday! How was your week, Jen?

Write soon,
Marco

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In the hospital