

## HEALTH AND FITNESS – LISTENING PRACTICE 1

### I/ PREPARATION

Match the words in capital letters with the definitions.

cheap give create registration come to amount of money

1. A new BUDGET airline has started flying to our city.
2. What is the daily RATE for renting a bicycle?
3. There is a very small SIGN-UP fee.
4. They ASSIGN each class a special room.
5. We can DESIGN a personalised programme for you.
6. If you VISIT the shop, I can show you in person.

### II/ LISTENING

**Task 1. Are the statements true or false?**

1. The man has only recently decided to join the gym.

True                      False

2. The woman says the gym will make sure it has the lowest price in the city.

True                      False

3. The woman says that other gyms charge people when they leave.

True                      False

4. The gym used to be open for 24 hours but it was too busy.

True                      False

5. The exercise plan your personal trainer provides will tell you what to eat.

True                      False

6. The personal trainer doesn't cost anything at all.

True                      False

7. The man is not convinced at the end of the conversation.

True                      False

8. The gym offers a sample visit.

True                      False

**Task 2. Complete the sentences.**

Makes ↗ get ↗ straight ↗ we ↗ got that ↗ of ↗ to know ↗ bit ↗ don't ↗

1. Sure, \_\_\_\_\_ course.

2. You've \_\_\_\_\_ right, yes.

3. Sorry, what was that last \_\_\_\_\_?

4. That's useful \_\_\_\_\_.

5. \_\_\_\_\_ sense.

6. Sure \_\_\_\_\_ do.

7. Let me \_\_\_\_\_ this.

8. OK, why \_\_\_\_\_ I do that.