

HEALTH AND FITNESS – LISTENING PRACTICE 1

I/ PREPARATION

Match the words in capital letters with the definitions.

cheap	give	create	registration	come to	amount of money
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1. A new BUDGET airline has started flying to our city.
2. What is the daily RATE for renting a bicycle?
3. There is a very small SIGN-UP fee.
4. They ASSIGN each class a special room.
5. We can DESIGN a personalised programme for you.
6. If you VISIT the shop, I can show you in person.

II/ LISTENING

Task 1. Are the statements true or false?

1. The man has only recently decided to join the gym.

True False

2. The woman says the gym will make sure it has the lowest price in the city.

True False

3. The woman says that other gyms charge people when they leave.

True False

4. The gym used to be open for 24 hours but it was too busy.

True False

5. The exercise plan your personal trainer provides will tell you what to eat.

True False

6. The personal trainer doesn't cost anything at all.

True False

7. The man is not convinced at the end of the conversation.

True

False

8. The gym offers a sample visit.

True

False

Task 2. Complete the sentences.

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1. Sure, _____ course.
2. You've _____ right, yes.
3. Sorry, what was that last _____?
4. That's useful _____.
5. _____ sense.
6. Sure _____ do.
7. Let me _____ this.
8. OK, why _____ I do that.