

Name

Class

No.

Focus Review 6

1 Complete the blog with one verb in each gap.

blog

How fit are you?

I think that I ¹have a very healthy lifestyle. I ²_____ a lot of exercise. I ³_____ swimming twice a week and I often ⁴_____ part in swimming competitions. I don't often win but I enjoy them. I also ⁵_____ basketball for the school team. So, I do everything I can to ⁶_____ fit.

What about you? Are you worried about your fitness? Let me know.

3 Complete the blog with the correct forms of the verbs in brackets.

blog

How fit are you?

Replies:

Hi. I like your blog. I'm interested in keeping fit too.

Today I ¹did (do) very well. First of all, I ²_____ (run) 5km. Then I ³_____ (play) volleyball with my friends. After that, I ⁴_____ (have) a short rest and, later, I ⁵_____ (go) cycling in the park. I didn't go far. I was too tired. On the way home, I stopped at the local pizza restaurant and ⁶_____ (eat) an extra large pizza with ham, sausages and onions.

I enjoyed my active day very much – the last activity was the best!

5 Complete the conversation with one word in each gap. First letters are given.

Mike: What do you ¹prefer? Individual sports or team sports?

Lindsay: Oh, definitely individual sports. I ²e_____ them much more than playing for a team. And I can't ³s_____ ball games, like football and rugby. I'm ⁴i_____ dance and things, like Zumba. We do it at school. How about you?

Mike: I'm not ⁵r_____ into sports at all, to be honest. I do a lot of walking and cycling but that's just because I ⁶c_____ about my health, not because I like those activities. My favourite activity is sleeping!

2 Choose the correct words.

1 My brother loves cyclist / cycle / cycling. He takes his bike everywhere.

2 There was no snow so the cafés were full of unhappy skiing / skied / skiers.

3 It's impossible to walk along this path because it is always full of jog / jogging / joggers.

4 I could never be a sailor / sailing / sail because I get seasick on the water.

5 We swimmers / swam / swimming half way to the island but it was impossible to get all the way there.

4 Complete the questions and answers. Use the correct forms of the verbs.

0 Where / you / go / yesterday?

I / go / to the shopping centre.

Where did you go yesterday?

I went to the shopping centre.

1 Yesterday, / I / meet / my friends / see / a film / eat / a burger and / have / a good time

2 *you / play / any sports at school last week?

*✓. We / have / exams / all week.

3 *Simon / win / his race?

*✓. He / come / first by 5.2 seconds.

6 Choose the correct options A, B or C.

1 Where _____ skiing last winter?

A did you go B you went C you go

2 Mark does a lot of exercise but he doesn't _____ healthy meals very often.

A do B have C take

3 Lisa _____ snowboarding a long time ago and I think she needs lessons again now.

A got B goes C went

4 Last year, I went to one karate lesson but I _____ do any other martial arts.

A don't B didn't C wasn't

5 I don't really want to _____ sailing again. I didn't enjoy it much last time.

A do