Unit 5: Exercise 2

Read Richard's letter to his friend, Alessandro. Choose the correct words to complete the sentences.

Dear Alessandro,

Thank you for your email. You asked me to tell you about the food in the UK. Some people think that British people eat unhealthy, [ ] food like fish and chips all the time. However, this is not true. A lot of British people prefer to eat food from other countries. Chinese and Indian food is very [ ] in the UK. Many people eat Chinese or Indian food at the weekend, and some people cook it at home. I like Indian food a lot and think that it is very [ ], but some dishes with a lot of chilli are a bit too spicy for me. Many people also think that British people have afternoon tea every day at 4:00 p.m. This is also not true! People sometimes have afternoon tea with sandwiches and [ ] foods like cakes, but only on special occasions.

You also asked me about what food I like. My [ ] dish from my country is called Shepherd's Pie. It is a [ ] dish made of meat and vegetables and potato, which is cooked in the oven. It tastes really good. I usually eat it with a lot of fresh vegetables like peas or cabbage, so it is quite a [ ] dish. My mum usually cooks it for me and my brother when we come home from university. I like to eat Shepherd's Pie in the winter when it is cold, because it makes me feel warm. My favourite [ ] dish is apple pie which is baked. Many people believe that British food is not so tasty, but I think we have some [ ] dishes.

Hope to hear from you soon.

Best wishes,

Richard

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