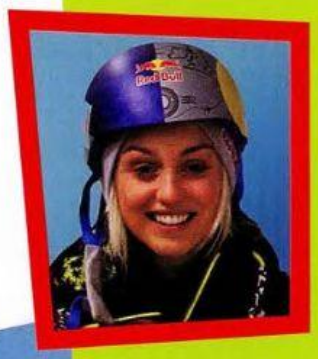
READING: USE OF DISTRACTION

12 **You are going to read an article about a sportsperson. First, look at the photos and skim read the article once quickly. Then, in pairs, answer the questions.**

1 Who do you think Aimee Fuller is?
2 What sport has Aimee become successful in?
3 What is the reason for this article?



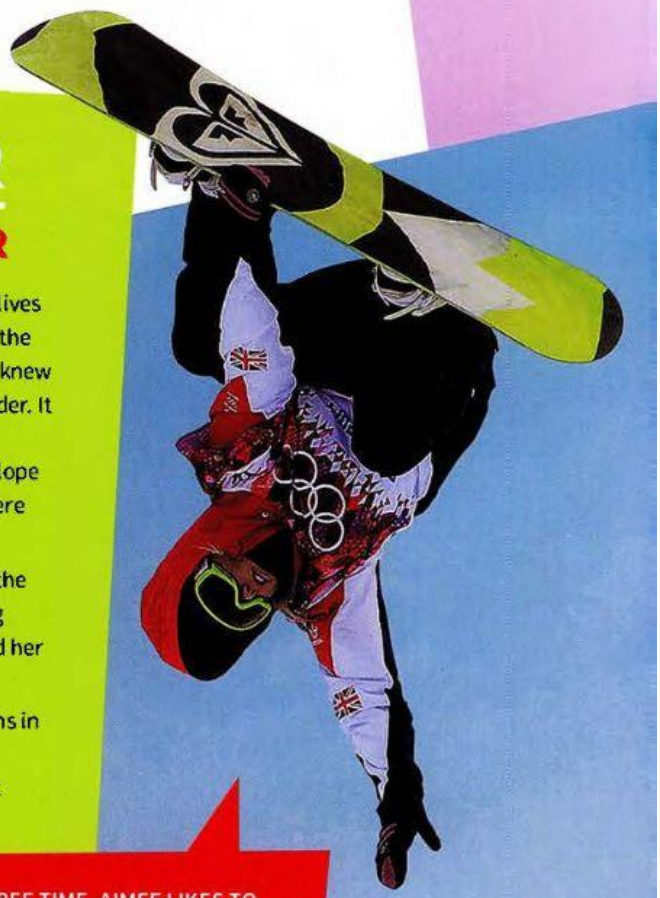
AIMEE FULLER

SNOWBOARDING STAR

Aimee Fuller was born in England but now lives in the USA. She moved to the east coast of the United States at the age of 12 because she knew she wanted to be a professional snowboarder. It wasn't possible to train properly in her hometown because it hardly ever snowed. There was a dry ski slope in her town, where she learnt how to ski and snowboard, but there weren't any mountains with snow to practise the sport.

Aimee quickly found sponsors and a coach when she arrived in the USA, and she is now a successful and well-known snowboarding star. She has done really well in many national competitions and her dream is to win an Olympic gold medal one day.

Aimee spends most of her time practising on the snow, and trains in the gym four to five times a week. She also goes cycling and running. Aimee says it is very important to keep fit because that helps her stay safe when she is doing snowboarding tricks and jumps. Her advice to people who want to learn how to do jumps, is to start small and only do bigger jumps when they feel ready.



DURING HER FREE TIME, AIMEE LIKES TO SPEND TIME AT HOME, SWITCH OFF HER PHONE AND LAPTOP AND HANG OUT WITH HER FRIENDS AND FAMILY.

13 **Read the article in Exercise 12 again and choose the correct answer, A, B or C.**

Ex: Aimee spent the first few years of her life in England.
A True B False C Not Given
Answer: A

1 Aimee learnt to ski before she started snowboarding.
A True B False C Not Given

2 It often snowed during winter in Aimee's hometown.
A True B False C Not Given

3 It took Aimee a long time to find a coach after she moved to the USA.
A True B False C Not Given

4 Aimee has won an Olympic medal.
A True B False C Not Given

5 Aimee practises snowboarding in the mountains at least three times a week.
A True B False C Not Given

6 Aimee thinks that snowboarding is more dangerous for her when she is not fit.
A True B False C Not Given

7 In her free time, Aimee prefers being with people to spending time on her laptop.
A True B False C Not Given

LIVEWORKSHEETS