

UNIT 7.1 - RECIPES

Choose the best answer A, B, C or D to complete the sentences.

1. Some of famous _____ in Southern Viet Nam are Hu Tieu Nam Vang, Bun Mam, fried rice, flour cake, and many kinds of puddings.
A. stapes B. ingredients C. foods D. dishes
2. Beet greens are the most _____ part of the vegetable and can be cooked like any other dark leafy green.
A. traditional B. careful C. colourful D. nutritious
3. It is boring here. _____ ever happens in this place.
A. Anything B. Something C. Things D. Nothing
4. Moderation doesn't mean _____ the foods you love.
A. to prevent B. preventing C. to eliminate D. eliminating
5. You should eat more fruits and vegetables if you _____ to lose weight.
A. would want B. wanted C. will want D. want
6. When we were on holiday, we spend too _____ money.
A. a lot of B. many C. much D. lots of
7. If people work so much, they _____ depressed and eat more.
A. may feel B. may have felt C. felt D. had felt
8. Studies suggest _____ only when you are most active and giving your digestive system a long break each day.
A. eating B. being eating C. to eat D. being eaten
9. Despite the differences in cuisine of each region, there are similarities, such as the _____ for main meals – rice, ways of adding fish sauce, herbs and other flavors.
A. foundation B. necessity C. staple D. basic
10. Perhaps the three most popular ice cream _____ are vanilla, chocolate and strawberry.
A. offers B. flavours C. brands D. ingredients
11. I spend _____ my spare time gardening.
A. most B. the most of C. most of D. most of the
12. Your body uses calcium to build healthy bones and teeth, _____ them strong as you age.
A. continue B. keep C. remain D. care
13. Food in Northern Vietnam is not as _____ as that in Central and Southern Viet Nam, as black pepper is often used rather than chilies.
A. spicy B. exciting C. strong D. flavour
14. Pumpkin soup is a good source of _____ minerals and vitamins, especially vitamin A.
A. fibers B. fats C. sugars D. solids
15. There's _____ use in complaining. They probably won't do anything about it.
A. a few B. a little C. no D. some
16. If you eat too quickly, you may not _____ attention to whether your hunger is satisfied.

- A. keep B. show C. pay D. take

17. Another feature in northern cuisine is in winter all family members gather around a big hotpot _____ there is a combination of seasoned broth, vegetables and meats.

- A. what B. where C. which D. in which

18. You _____ chicken. You cook it in an oven or over a fire without liquid.

- A. fry B. roast C. steam D. boil

19. _____ cups of coffee have you taken?

- A. How many B. How much C. How D. How far

20. Common eating habits that can lead to _____ are: eating too fast, eating when not hungry, eating while standing up, and skipping meals.

- A. put on weight B. be heavy C. gain weight D. weight gain

V. Identify the one underlined word or phrase that must be changed to make the sentence correct.

1. If someone came into the store, smile and say, "May I help you?"

- A B C D

2. If you try these cosmetics, you look five years younger.

- A B C D

3. If you do not understand what were written in the book, you could ask Mr. Pike.

- A B C D

4. I will come to meet Mr. Pike and tell him about your problems if you didn't solve them yourself.

- A B C D

5. Sam will not graduate unless he doesn't pass all the tests.

- A B C D

6. If there isn't enough food, we couldn't continue our journey.

- A B C D

7. Unless you pour oil on water, it will float.

- A B C D

8. You have to take a taxi home if you want to leave now.

- A B C D

9. If anyone will phone, tell them I'll be back at 11:00.

- A B C D

10. We can hire a minibus if there will be enough people.

- A B C D