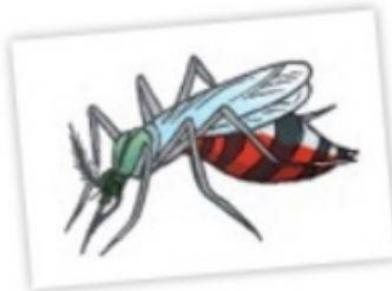


Chapter 6. Health promotion.

Dengue fever

■ **Cause:** Dengue fever is caused by viral infection. The dengue fever is transmitted by the bite of the infected Aedes mosquito.



■ **Symptoms:** Continuous high temperature for 2 to 7 days, headache, queasy feeling, vomiting, stomach ache, and red spots on the skin such as on the body, arms and legs. Sometimes, infected people may have blood in their feces caused by bleeding in the stomach or intestines.

Treatment:

1. If you have high temperature, wipe your body with wet cloth. Seek medical advice.
2. Drink a lot of water and take plenty of rest.

Prevention:

1. Destroy mosquito breeding grounds.
2. Avoid mosquito bites. Sleep in a mosquito net or have your window covered with wire screen.
3. Use mosquito repellants.
4. Stay in well ventilated area.
5. Beware of infected people.



causes

symptoms

treatment

prevention

Q1: What is the cause of Dengue fever?

A:

Q2: What are some of the symptoms of Dengue fever?

A:

Q3: What are examples of treatment for Dengue fever?

A:

Q4: How can you prevent getting Dengue fever?

A:

Q5: What should you do if you feel nauseous and have a headache with red, itchy spots on your skin?

A: