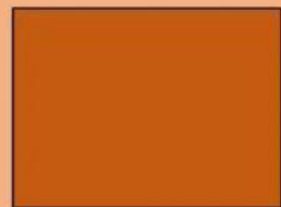
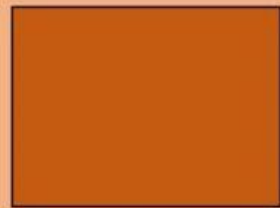
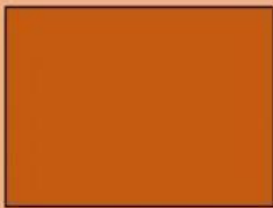


Name: _____

Energy giving food(Carbohydrate)

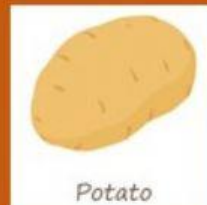
Instructions: pick out the Energy giving food from the following



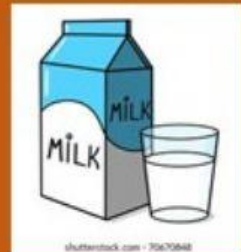
Bread



Meat



Potato



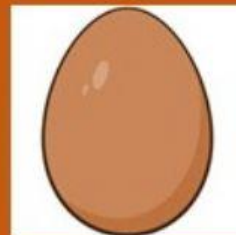
Milk



Groundnut



Cassava



Egg



Rice



Maize



Cassava



Bread