



Past Continuous Tense

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S + was/were + V-ing

She was cooking all the morning.

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S + was/were + not + V-ing

She was not sleeping when he came home.

?

Was/were + S + V-ing?

Was she sleeping when he came home?

Usage

Example

To describe parallel actions

While I was washing the dishes, I heard a loud noise.

To describe what someone was doing at a particular point in time

I was working in the garden all day yesterday.

Now is your turn to practice!

Read the prompts. Record your voice saying the correct structure of the past continuous. Use **was (I, he, she, it)** or **were (they, we, you)** to complete the sentences.

1. The sun / shine / when I woke up this morning.

2. I / eat / dinner when you called me.

3. They / sleep / when the accident happened.

4. The baby / cry / when we arrived from the party.

5. He / take / a shower when the phone rang.

6. Laura / read / a book when her sister did the homework.

7. I / watch / Netflix when my best friend knocked the door.

8. John / walk / on the street when he found 100 dollars.

9. My parents / cook / when my grandma was sick at home.

10. Max and Susan / swim / in the lake when it started to rain.