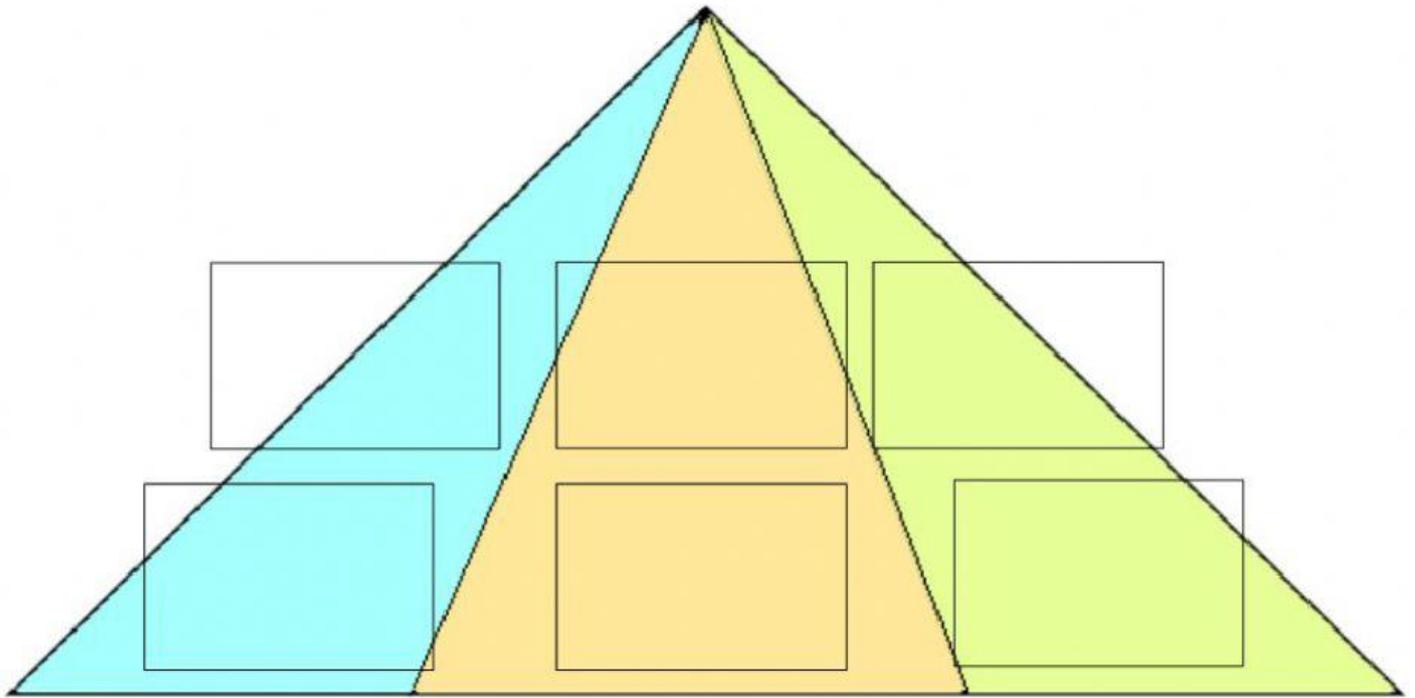


MY FOOD PYRAMID

What do you have for *breakfast/ lunch/ dinner?*

1. Complete the pyramid food with the following pictures.



Breakfast

Lunch

Dinner



MY FOOD PYRAMID

2. Complete the chart with your information.

	For breakfast, I have _____. For breakfast, _____.
	For lunch, I have _____. For lunch, _____.
	For dinner, I have _____. For dinner, _____.

3. Write some food that you consider healthy and unhealthy.



Healthy
<input type="checkbox"/>



Unhealthy
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>