Fit For Life

Name: _____ Class: _____ Date: _____

Fun and Games

Wordsearch!

Search horizontally, vertically or diagonally for the words below:

calcium diet fibre oil protein vitamin
carbohydrate fat mineral overweight starch





W	A	O	V	E	R	W	E	I	G	H	T
C	L	U	V	I	T	A	M	I	N	D	M
A	X	P	F	U	G	R	E	U	Y	F	I
L	Z	Q	R	S	L	I	E	B	T	A	N
C	A	R	B	O	H	Y	D	R	A	T	E
I	E	Y	I	U	T	S	X	I	F	J	R
U	R	L	K	J	P	E	B	H	E	C	A
M	P	F	I	B	R	E	I	Y	O	T	L
O	S	T	A	R	C	H	M	N	S	A	Z




LIVEWORKSHEETS