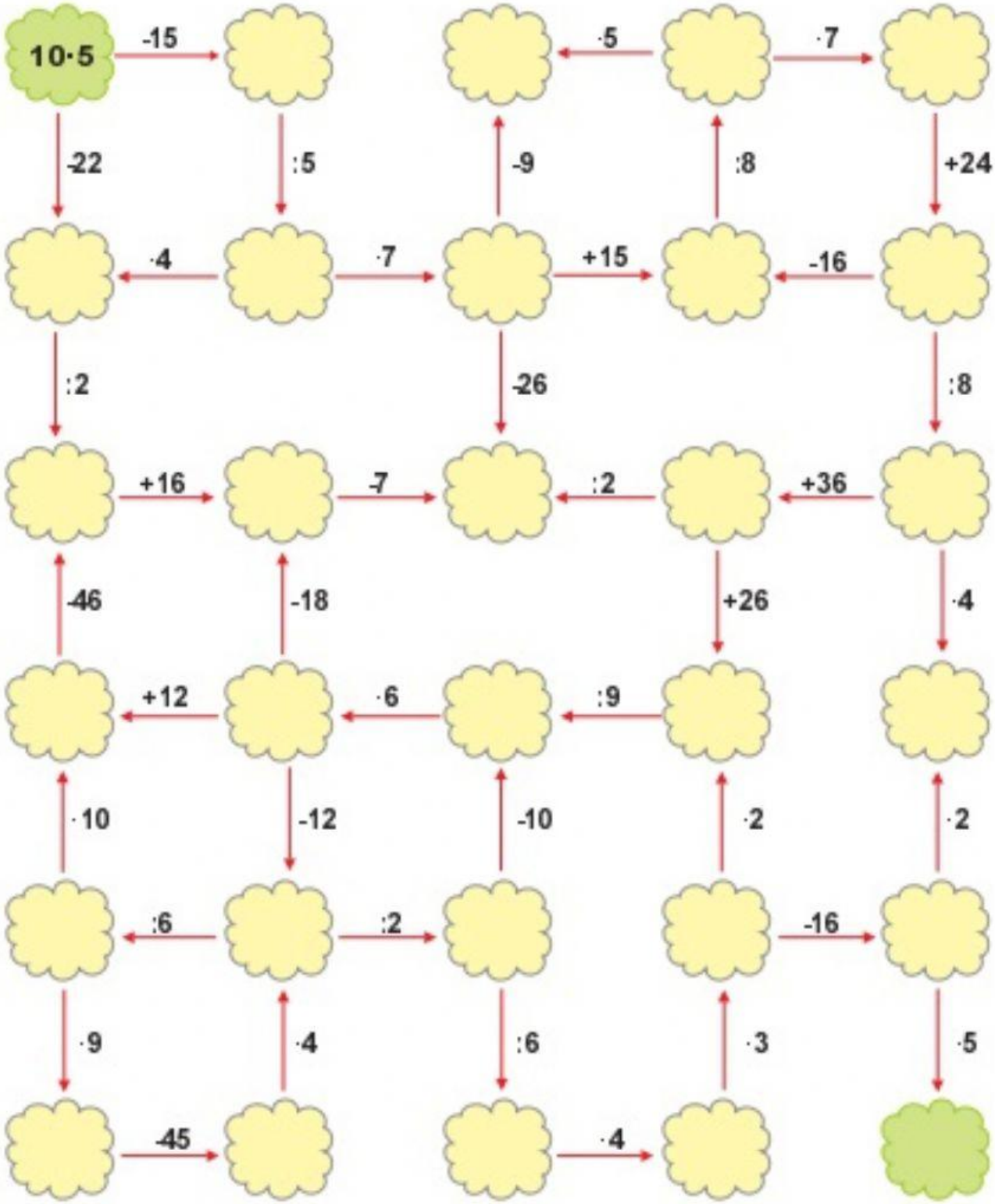Ακολουθήστε προσεκτικά τις πράξεις