Read the text, then re-write it using the necessary capital letters and punctuation marks.

social media magazines and shop windows bombard people daily with things to buy and british consumers are buying more clothes and shoes than ever before online shopping means it is easy for customers to buy without thinking while major brands offer such cheap clothes that they can be treated like disposable items – worn two or three times and then thrown away

in britain the average person spends more than £1,000 on new clothes a year which is around four per cent of their income that might not sound like much but that figure hides two far more worrying trends for society and for the environment first a lot of that consumer spending is via credit cards british people currently owe approximately £670 per adult to credit card companies that's 66 per cent of the average wardrobe budget also not only are people spending money they don't have they're using it to buy things they don't need britain throws away 300,000 tons of clothing a year most of which goes into landfill sites