Listening

I. You will hear a radio interview about the pros and cons of doing individual sport. For questions 1-5, choose the correct option, A, B or C

1. If you do an individual sport,

A) you have to train harder.

B) you can train when you want.

C) you need to be very strong.

2. Greg believes that those who do individual sports

A) need to think positively.

B) become more independent.

C) miss more practice sessions.

3. From playing in a team, you learn how to

A) become a true leader.

B) play individual sports better.

C) allow other people responsibility.

4. According to Greg, the lack of friendship is

A) an important problem of individual sports.

B) easy to handle with a little practice.

C) something that must change about individual sports.

5. Making friends at competitions

A) is very difficult

B) helps you feel better about yourself .

C) has advantages and disadvantages.

II. Listen again. Answer the following sentences (8 sentences).

1. What advantages of doing individual sport does the speaker mention?

1.

2. Do you agree with the speaker? Why / Why not?

2.

3. Is your way of life healthy? Why do you think so?

3.