

## Listening

**I. You will hear a radio interview about the pros and cons of doing individual sport. For questions 1-5, choose the correct option, A, B or C**

1. If you do an individual sport,
  - A) you have to train harder.
  - B) you can train when you want.
  - C) you need to be very strong.
  
2. Greg believes that those who do individual sports
  - A) need to think positively.
  - B) become more independent.
  - C) miss more practice sessions.
  
3. From playing in a team, you learn how to
  - A) become a true leader.
  - B) play individual sports better.
  - C) allow other people responsibility.
  
4. According to Greg, the lack of friendship is
  - A) an important problem of individual sports.
  - B) easy to handle with a little practice.
  - C) something that must change about individual sports.
  
5. Making friends at competitions
  - A) is very difficult
  - B) helps you feel better about yourself .
  - C) has advantages and disadvantages.

**II. Listen again. Answer the following sentences (8 sentences).**

**1.** What advantages of doing individual sport does the speaker mention?

**1.**

**2.** Do you agree with the speaker? Why / Why not?

**2.**

**3.** Is your way of life healthy? Why do you think so?

**3.**