

You will hear a woman, Stella, and a man, Ben, talking together on a radio programme about the speed and stress of modern life.

For each question, choose the correct answer. ☒

You will hear the interview twice.

---

- |   |  |   |   |                          |
|---|--|---|---|--------------------------|
| 1 | What has Stella recently written?                    | A | a review                                    | <input type="checkbox"/> |
|   |  | B | an article                                  | <input type="checkbox"/> |
|   |  | C | a book                                      | <input type="checkbox"/> |
| 2 | What surprised Stella most during her research?      | A | People have less free time now than before. | <input type="checkbox"/> |
|   |  | B | Technology helps people to slow down.       | <input type="checkbox"/> |
|   |  | C | People seem to enjoy being very busy.       | <input type="checkbox"/> |
| 3 | Why does Stella mention Einstein?                    | A | to highlight a disadvantage                 | <input type="checkbox"/> |
|   |  | B | to support her argument                     | <input type="checkbox"/> |
|   |  | C | to explain people's ideas                   | <input type="checkbox"/> |
| 4 | Which positive examples of speed does Ben give?      | A | different means of transport                | <input type="checkbox"/> |
|   |  | B | different types of sports                   | <input type="checkbox"/> |
|   |  | C | different ways of communicating             | <input type="checkbox"/> |
| 5 | Stella thinks people can improve their lives by      | A | taking up a new hobby.                      | <input type="checkbox"/> |
|   |  | B | becoming more optimistic.                   | <input type="checkbox"/> |
|   |  | C | enjoying the present.                       | <input type="checkbox"/> |
| 6 | What effect have Ben's new eating habits had?        | A | He feels satisfied quickly.                 | <input type="checkbox"/> |
|   |  | B | He finds he requires less food.             | <input type="checkbox"/> |
|   |  | C | He appreciates a wider range of tastes.     | <input type="checkbox"/> |
| 7 | What conclusions has Stella reached regarding sleep? | A | Too much is not good for you.               | <input type="checkbox"/> |
|   |  | B | Most people do not get enough.              | <input type="checkbox"/> |
|   |  | C | It is not recommended during the day.       | <input type="checkbox"/> |