

extreme snowboarding

You will hear an expert snowboarder called Brad Mitchell talking about the sport of extreme snowboarding. For questions **1-10**, complete the sentences with a word or short phrase

Extreme snowboarding

Brad says there are no **1**_____ to warn extreme snowboarders of dangers.

Brad advises snowboarders always to follow the **2**_____ when descending.

Brad always wears a **3**_____ when he goes into the mountains.

According to Brad, you need a lot of **4**_____ to set off down the mountain.

Brad particularly enjoys doing several **5**_____ when he is going down a slope.

Brad says at first he found it difficult to do a good **6**_____ on steep slopes.

Brad says you must never **7**_____ if you feel you're about to fall.

Brad advises against putting your weight on your **8**_____ in a fall.

Brad always carries a **9**_____ in case he is in difficulty following a fall.

In the future, Brad would most like to try **10**_____ snowboarding.