

HEALTHY HABITS (4)

1. Are these actions healthy? Write YES or NO.



2. Read and listen about Little Pasteur. Choose a word from the box and complete the text.



school



crisps



sandwiches



yoghurt

I don't like (a) crisps. They are unhealthy.

I always bring healthy snacks to (b) _____.

I like fruit, carrots, cereal, (c) _____ and (d) _____.

3. Read the menu and tick (✓) the healthy food.

	<u>Breakfast</u>	<u>Lunch</u>	<u>Dinner</u>
Cereal	<input type="checkbox"/>	Chicken	<input type="checkbox"/>
Donut	<input type="checkbox"/>	Hamburger	<input type="checkbox"/>
<u>Snacks</u>		Vegetables	<input type="checkbox"/>
Apple	<input type="checkbox"/>	Chocolate	<input type="checkbox"/>
		Yoghurt	<input type="checkbox"/>
		Crisps	<input type="checkbox"/>