Lesson 46. Cause and Effect - Problem and Solution Essay

You should spend about 40 minutes on this task.

Write about the following topic:

> Nowadays many people aim to create a balance between their work and other aspects of their life, however, only a few achieve it.
>
> What are the problems in doing this and what solutions can you suggest?

Give reasons for your answer and include any relevant examples from your own knowledge or experience.

Write at least 250 words.

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a. Outline the essay

State Problem 1	
Explain	
State Problem 2	
Explain	
Solution 1	
Solution 2	

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Write your essay

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