



## Unit 1 Travel

### Worksheet 8 Extreme sports 3

**A :** Read the first sentence in each blog entry.

What do these people have in common?

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Whose experience does each paragraph represent?

Paragraph 1 .....

Paragraph 2 .....

Paragraph 3 .....

Mark's blog

## EXPERIENCES

I've always liked snowboarding and when I heard about sandboarding, I knew I had to try it. And what better place for sandboarding than Cerro Blanco in the Peruvian Andes? Standing at about 2,000 metres, it's the world's highest sand dune! I've never had so much fun in my life. Riding the hot sand on my board at great speed is certainly an unforgettable experience!

Post a comment

I've been to Peru twice, but I haven't tried sandboarding. I went zip lining across the Urubamba Valley, though. First, we climbed up a 1,000 foot rock face and then we swung out over the river below, carried by a single rope attached to a cable. I've never experienced anything so thrilling! But that's what Peru is all about amazing experiences in a spectacular landscape and warm, welcoming people.

Posted by Janet

Peru sounds like a really exciting country, but you haven't felt real thrills and excitement until you've gone ice climbing in Canada's Rocky Mountains. Going up the 609-metre-high steep slope in icy cold weather was exhausting. There was a lot of equipment to carry too. But it was certainly worth it when I reached the top and had a chance to admire the breathtaking scenery. That was the experience of a lifetime!

Posted by Harry

**B. Read the text again and complete the sentences.**

1. Cerro Blanco is the .....
2. Mark think sandboarding is .....
3. Janet has visited Peru .....
4. Janet thinks the Peruvian people are .....
5. Harry found climbing the icy slop.....
6. What Harry enjoyed the most was.....

**Which sport would you like to try ?**

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**C. Work in group. Research, collect and present information about Extreme sports. ( 5 marks)**

- What is extreme sports?
- Brief information about at least 4-5 extreme sports popular in Thailand, as well as introducing where to play them. Along with illustrations
- playing extreme sports safely