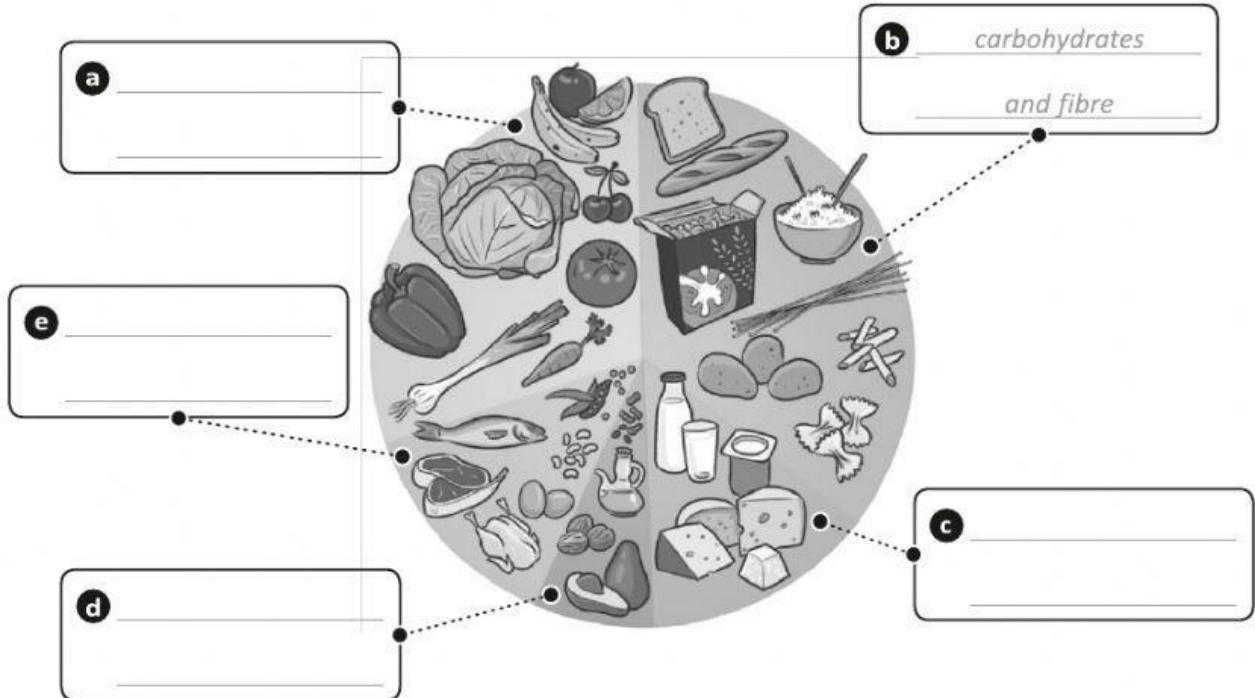


ACTIVIDADES REFUERZO Natural Science 1º Trimestre

1 Identify the food groups.

fruit and vegetables proteins and iron dairy products fats ~~carbohydrates and fibre~~



2 Circle the healthy foods.

Breakfast	 yoghurt	 cereal	 orange juice	 croissant	 donut
Lunch	 chicken	 hamburger	 rice	 pasta	 cola
Dinner	 fish	 chips	 ice cream	 pizza	 salad

3 Match the body systems with their functions.

a. The digestive system ...

• 1. ... absorbs nutrients from food.

b. The excretory system ...

• 2. ... moves blood and oxygen around the body.

c. The circulatory system ...

• 3. ... transfers oxygen from the lungs to the blood.

d. The respiratory system ...

• 4. ... eliminates waste products from your body.

4 Tick the habits that are good for your body and mind.

