

Skeleton and muscles

1. Look at pictures and write types of joints in the table below.

Hinge joint	Ball and socket joint	Pivot joint



Elbow joint



Shoulder joint



Knee joint



Neck joint



Hip joint

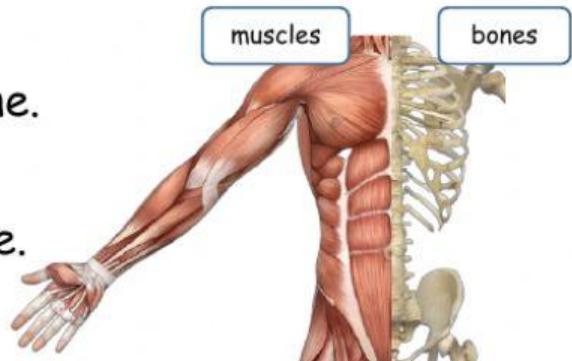
2. Use the given words and fill in the blank.

Ligaments(x2) muscles tendons(x2)

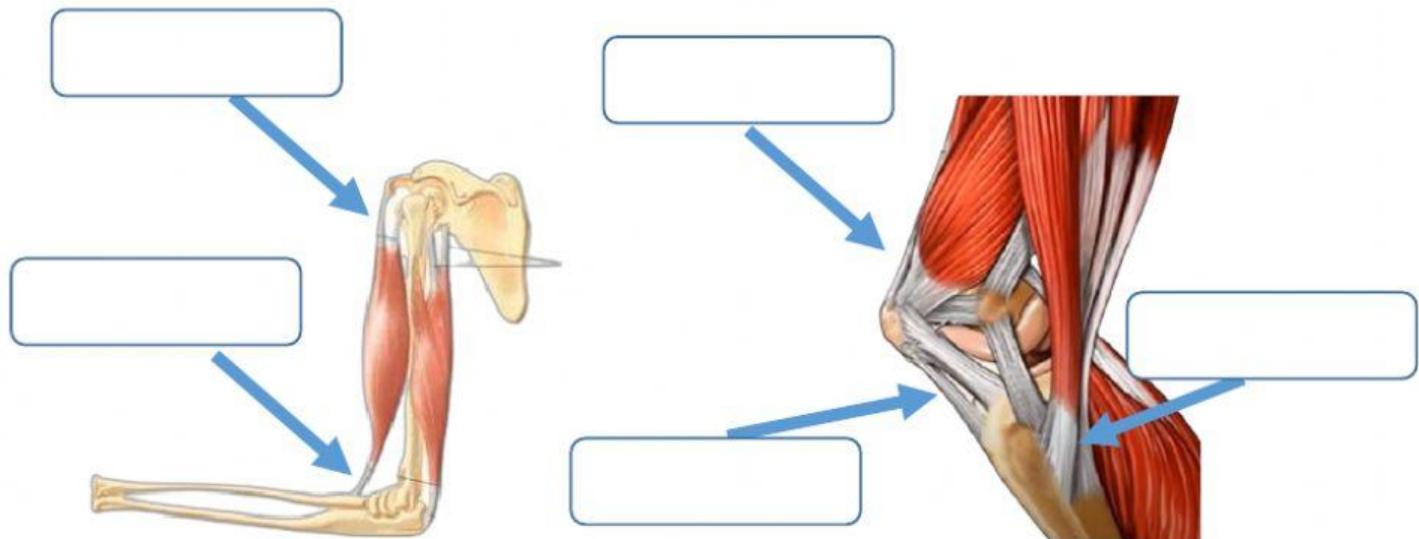
- _____ connect bone to bone.
- _____ connect muscles to bone.

In the body diagram,

- _____ and _____ are white.
- _____ are red or brown.



3. Label "ligament" and " tendon" in the boxes.



BLB and BTM rules

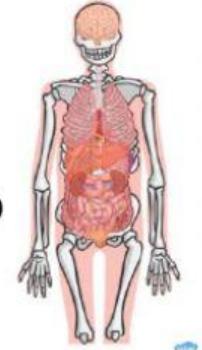
- **B - L - B** : Bone -ligaments - bone
- **B - T - M** : Bone- tendons - muscle

Monday December 13th 2021

What our Skeleton does

Protect , support and movement

- Skeleton is a **frame** for other parts of the body to attach to.



- Skeleton helps us **move**. We move at the points where our bones **joint together**. These are called **joints**.



(*Hinge joint; pivot joint; ball and socket joint*)

Thursday December 16th 2021

Muscles, Tendons and Ligaments

- Muscles are used every time a human moves and there are more than 600 muscles in the human body.
- Ligaments connect bones to bones.
- Tendons connect bones to muscles