Healthy and Unhealthy Foods

1. Click on the names of foods in the box on the right to hear them. Then, find and click on the words in the word search.

o	c	s	n	s	a	n	d	w	i	c	h	d
z	g	a	c	l	v	u	j	m	q	e	w	o
c	h	q	n	x	i	t	f	g	l	x	a	i
o	u	k	f	d	p	s	o	s	o	u	p	b
o	b	r	j	n	y	h	q	z	f	l	p	n
k	m	i	c	e	c	r	e	a	m	k	l	f
i	x	c	a	y	n	e	a	d	z	j	e	s
e	p	e	q	w	i	b	s	e	v	y	l	p

apple
candy
cookie
ice cream
nuts
rice
sandwich
soup

2. Suzy is trying to decide what to eat for lunch. Help her select the healthy items on the table below.



3. Click on the sentences below to listen to them and decide if they are true or false. Select the correct answer.

	true	false		true	false
Healthy food is good for our bodies.			Candy is a healthy food.		
We should only eat unhealthy foods.			Nuts are a healthy food.		

LIVEWORKSHEETS