

## 1. Preparation: picture matching

Draw a line to match the pictures with the words below.

|                                                                                   |                                                                                   |                                                                                    |                                                                                     |
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|          |           |         |                     |
|----------|-----------|---------|---------------------|
| steps    | mountains | parkour | river               |
| climbing | railings  | jumping | white-water rafting |

## 2. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- |    |                                                                                                                       |             |              |
|----|-----------------------------------------------------------------------------------------------------------------------|-------------|--------------|
| 1. | Extreme sports are only popular in the mountains in the UK.                                                           | <i>True</i> | <i>False</i> |
| 2. | People who enjoy fast and dangerous sports, like white-water rafting, are called thrill seekers or adrenalin junkies. | <i>True</i> | <i>False</i> |
| 3. | In white-water rafting you have to try to stay afloat in the river.                                                   | <i>True</i> | <i>False</i> |
| 4. | Parkour is sometimes called free jumping.                                                                             | <i>True</i> | <i>False</i> |
| 5. | The idea of parkour is to jump and climb over things like steps, railings and trees.                                  | <i>True</i> | <i>False</i> |
| 6. | You need special clothes and shoes to do parkour classes.                                                             | <i>True</i> | <i>False</i> |