

HOMework

1. Przeczytaj poniższy tekst. Uzupełnij luki 1 – 5 wybierając właściwą opcję A, B lub C.

PILATES

Many people nowadays take pilates classes at the gym
1) the supervision of personal trainers, but few know the story of its inventor. Born in Germany in 1883, Joseph Pilates was a sick child. He decided to work on building his strength to improve his health.

When he was older, Joseph 2) the army and became a physical trainer. One day, a group of soldiers arrived who were so sick they couldn't get out of bed. So Joseph invented machines for them to do their exercises in bed. These were early models for the 3) that we see in gyms today.

In 1925, Joseph moved to the US and 4) a studio to train ballet dancers. It became a very fashionable way of keeping fit and losing weight. Joseph called his method 'contrology', but it 5) today as pilates. Perhaps if Joseph had been a healthy child, he never would have invented it.

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|---|-------------|------------|----------|
| 1 | A by | B over | C under |
| 2 | A started | B joined | C set up |
| 3 | A equipment | B supplies | C tools |
| 4 | A opened | B launched | C began |
| 5 | A has known | B is known | C knows |



2. Wybierz właściwą opcję A, B lub C, która najlepiej zastąpi wyróżniony fragment w każdym zdaniu.

- 1 I am going to join the gym tonight.
A am planning B went C have been
- 2 Brian went to the doctor for a regular check up.
A diagnosis B prescription C examination
- 3 The pie was burnt because the oven was too hot.
A undercooked B overcooked C well done