

Unit 10 – Present Simple vs Present Continuous 1

Exercise 1: Underline the correct time expression

1. I go to school every morning / at the moment.
2. My parents *never* / *now* go to work on Sundays.
3. Is Ian skiing *today* / *every winter*?
4. I *at present* / *always* do my homework. I'm a very good student.
5. I am having an English lesson *now* / *every day*.
6. Are your parents working on *Saturdays* / *at the moment*?
7. I watch TV *tonight* / *in the evenings*.
8. Does Libby *usually* / *at present* go out with her friends on Sundays?

Exercise 2: Complete the sentences. Use the present simple or the present continuous of the verbs in brackets

1. I usually go (go) swimming on Saturdays.
2. Amy (send) an email to Holly at the moment?
3. People in China never (eat) with a knife and fork.
4. the waitress always (bring) the bill immediately?
5. Jamie's on the phone. He (talk) to Eric right now.
6. you sometimes (play) football after school?
7. I (do) my homework right now.
8. You rarely..... (make) me a birthday cake.
9. they always (eat) breakfast?
10. Today Sidney (run) in a race.

Exercise 3: Look and write. Use the present simple or the present continuous of "have" and the words in the box.

pasta	rice	cake	noodles	some fruit	his toy
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1. Amy's mum and dad / sometimes
Amy's mum and dad sometimes have pasta.



2. Caroline / right now



3. people in India / often



4. we / never / before lunch



5. the baby / at the moment



6. Jane / today

Exercise 4: Read and complete the letter with the present simple or present continuous.

Hi Izumi,

Today is Sunday and I'm at home. My family and I usually ¹go (go) out for a meal on Sunday but not today. The weather is very good so we ²..... (have) a barbecue in the garden! Our friends Harry and Beth are here, too. They usually ³..... (spend) Sunday with their family but today they ⁴..... (have) lunch with us.

At the moment, they're in the garden with Peter. They ⁵..... (help) Dad with the barbeque. Mum ⁶..... (wash) the salad and I ⁷..... (make) the lemonade - well, I ⁸..... (not make) it right now because I ⁹..... (write) to you!

What ¹⁰..... (you / do) today?

Love,

Lucy