

3. Read and complete the sentences. Use the words from the box given below.

• PE lessons • climbing • exercises • little • physical • a child •

1. If you move ..... , you become physically weak.
2. If it is warm, ... are at the stadium not in the gym.
3. But I really wanted to jump, climb on ropes and wall bars when I was ..... .
4. PE lessons help us improve our health and develop our ..... abilities.
5. You can ask your PE teacher to give you a break if you have a problem with ..... a rope or doing pull-ups.
6. At the beginning of the lesson we always warm-up ..... .