



## Clasiffy these habits:

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|---------------------------------------|-----------------------------------|
| 1. Do exercise sixty minutes per day. | Healthy habits<br>Unhealthy habit |
| 2. Eat two ice-creams per day.        | Healthy habits<br>Unhealthy habit |
| 3. Sleep eight hours per day.         | Healthy habits<br>Unhealthy habit |
| 4. Spend all days in the sofa.        | Healthy habits<br>Unhealthy habit |
| 5. Watch a lot of TV.                 | Healthy habits<br>Unhealthy habit |
| 6. Drink two liters of water per day. | Healthy habits<br>Unhealthy habit |
| 7. Don't eat vegetables.              | Healthy habits<br>Unhealthy habit |
| 8. Sleep two hours per day.           | Healthy habits<br>Unhealthy habit |