Date: _____

Name: _____ **Course**: _____

Vocabulary: GOALS and ACHIEVEMENT

1. **Read the first sentences. Then complete the second sentences so they have the same meaning.**

commitment	deal with	faced	goals	performance

a) Dana worked hard to accomplish all the things she wanted to do.

She worked hard to reach her _____.

b) Franco was happy with the way he played the saxophone at the concert.

He was happy with his _____ at the concert.

c) I didn't back down from my fear of speaking and gave a great presentation.

I _____ my fear of speaking and gave a great presentation.

d) Taking a long, relaxing walk can help you handle stress.

Taking a long, relaxing walk can help you _____.

e) My brother promised to help me learn to drive.

He made a _____ to help me learn to drive.

2. **Select the steps to achieve the goal**



3.

4. **Choose a goal. Describe the steps you need to take to achieve it.**

My goal is _____. To achieve my goal, I must:

- _____
- _____
- _____
- _____
- _____

You will set or get better if you practice. Track your progress – check what you still have to do. Finally, reach your goal. You do it. DON'T GIVE UP.

LIVEWORKSHEETS